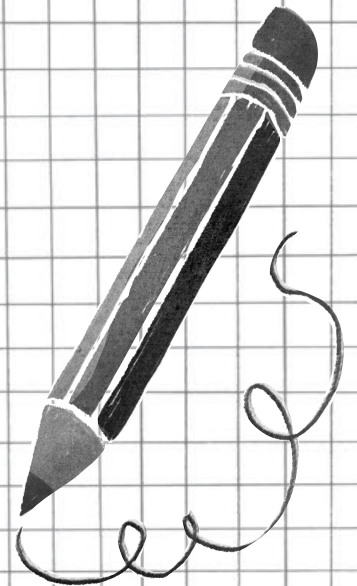


DRAW

WRITE

PLAY

MAKE



BY: \_\_\_\_\_

FREE PRINTABLE ACTIVITIES FROM THE ARCHIVES OF

**ILLUSTORIA STUDIO**

# MAKE THIS

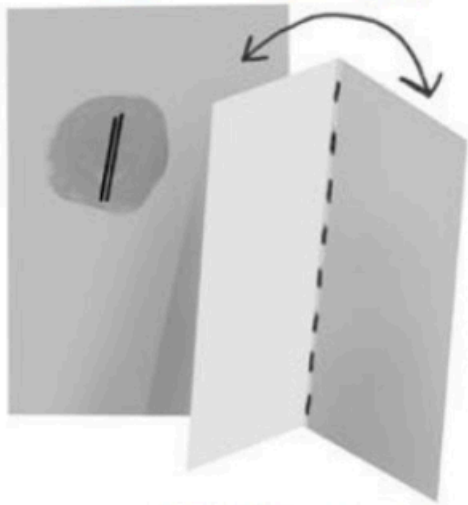
## ACCORDION BOOK

Where is the beginning and where is the end?

Only your words and pictures will tell!

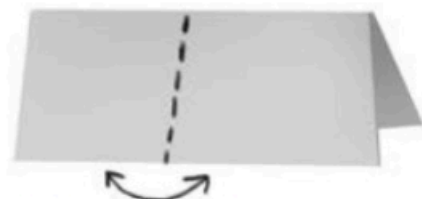
Make one and fill it up with your own story...

8.5" x 11"  
Sheet of regular typing paper

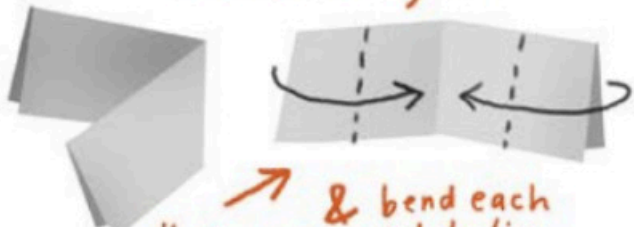


fold in half, length-wise

2

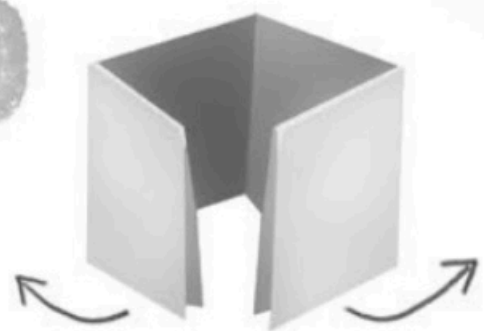


fold in half again



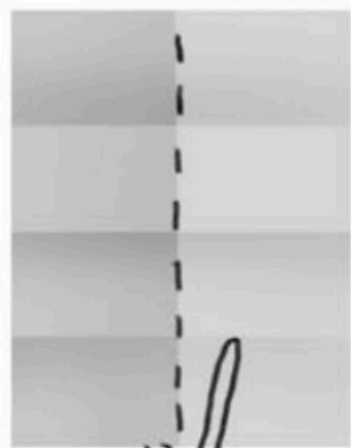
then unfold & bend each end to line up with the center fold

3

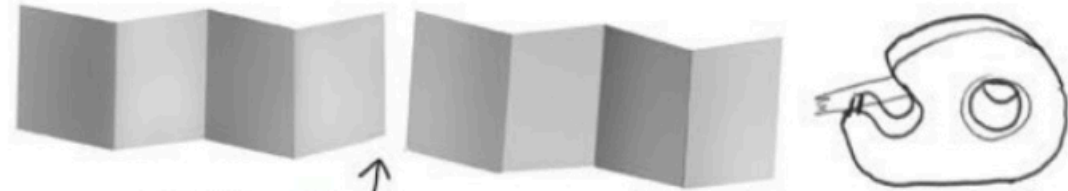


bend outer edges in the OPPOSITE direction to get the accordion shape

4



Now, unfold everything!  
LAY FLAT & cut down centerfold to create 2 halves

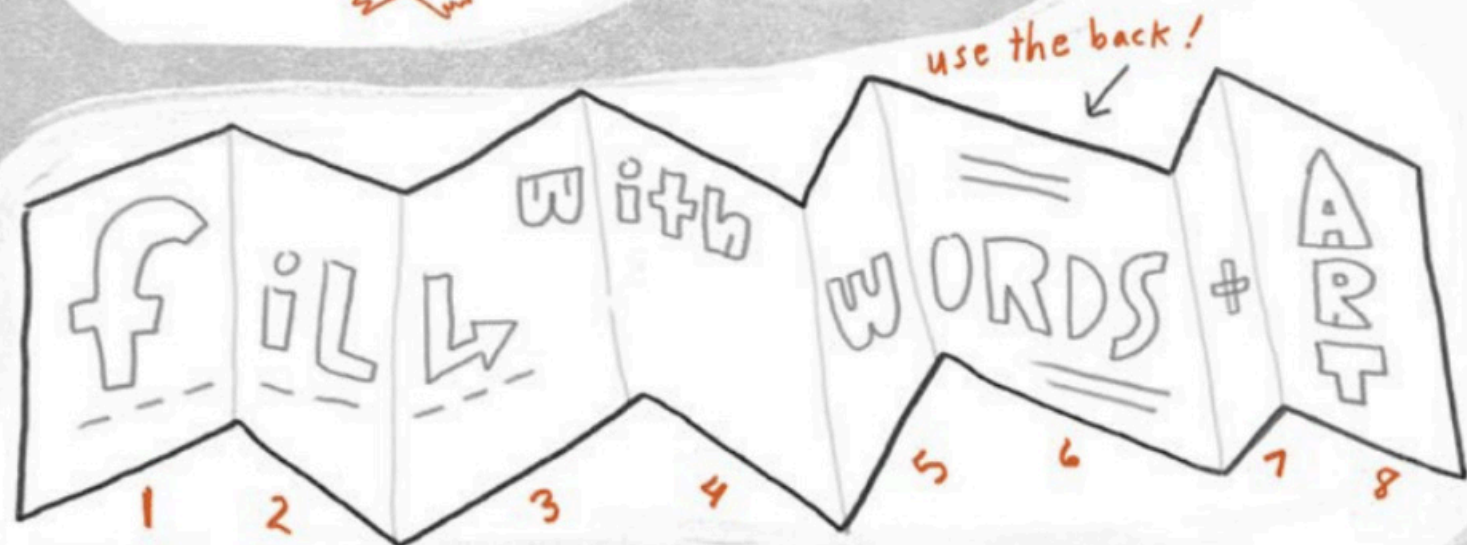


5

tape here

6

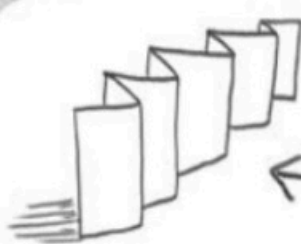
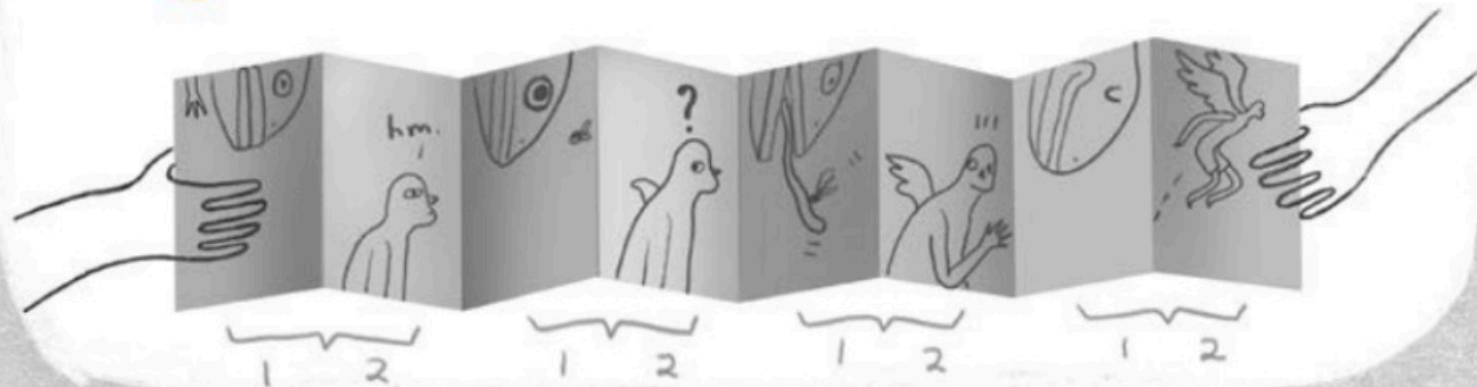
Create the story



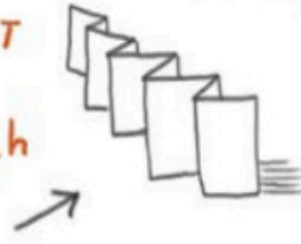
7

**BONUS!**  
② STORIES:

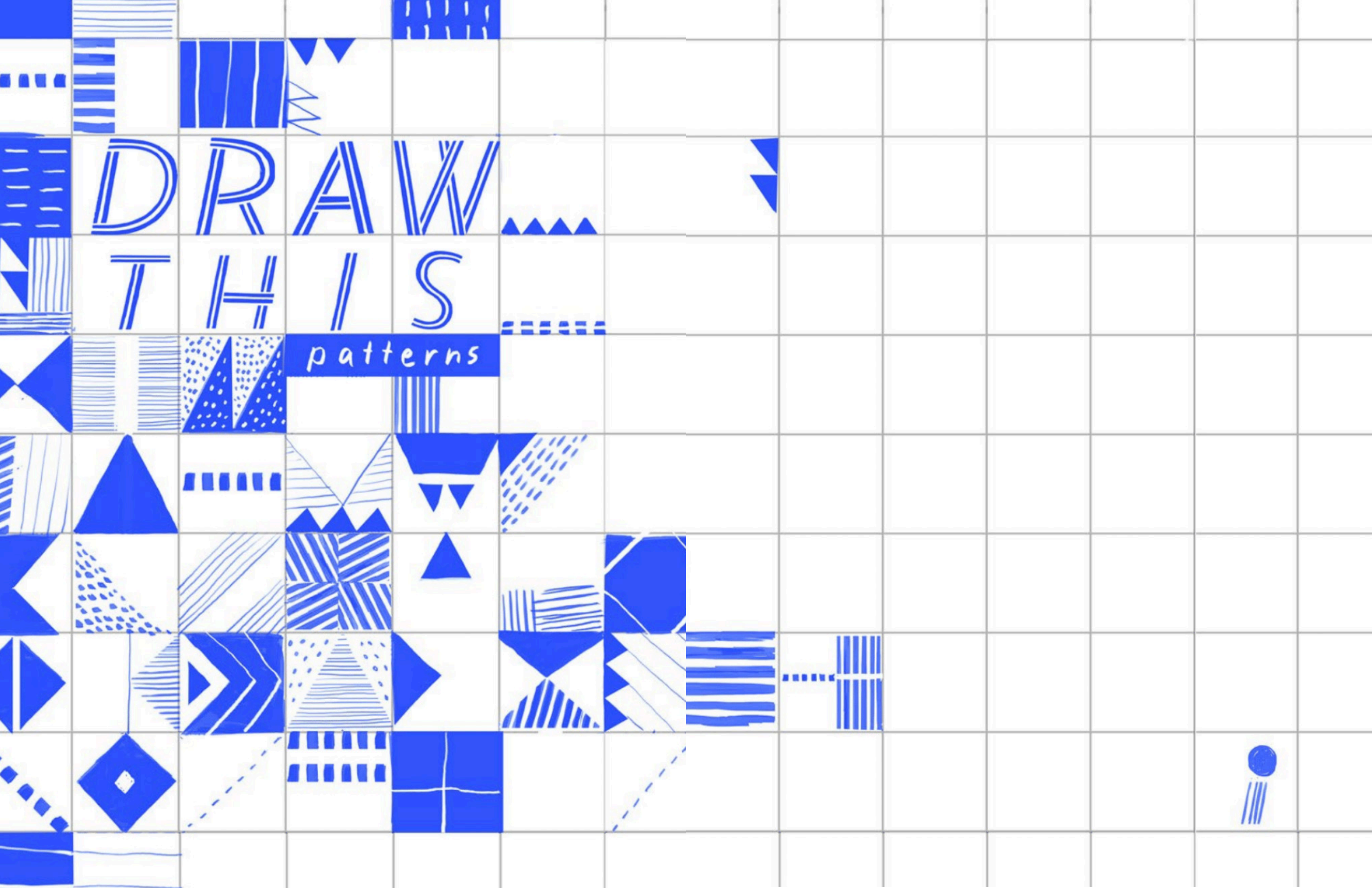
tell story #1 on every other panel, starting on p. 1 & tell story #2, starting on page 2, filling in the blanks



PLACE UPRIGHT and move left or right to see each story!



WA-LAH!

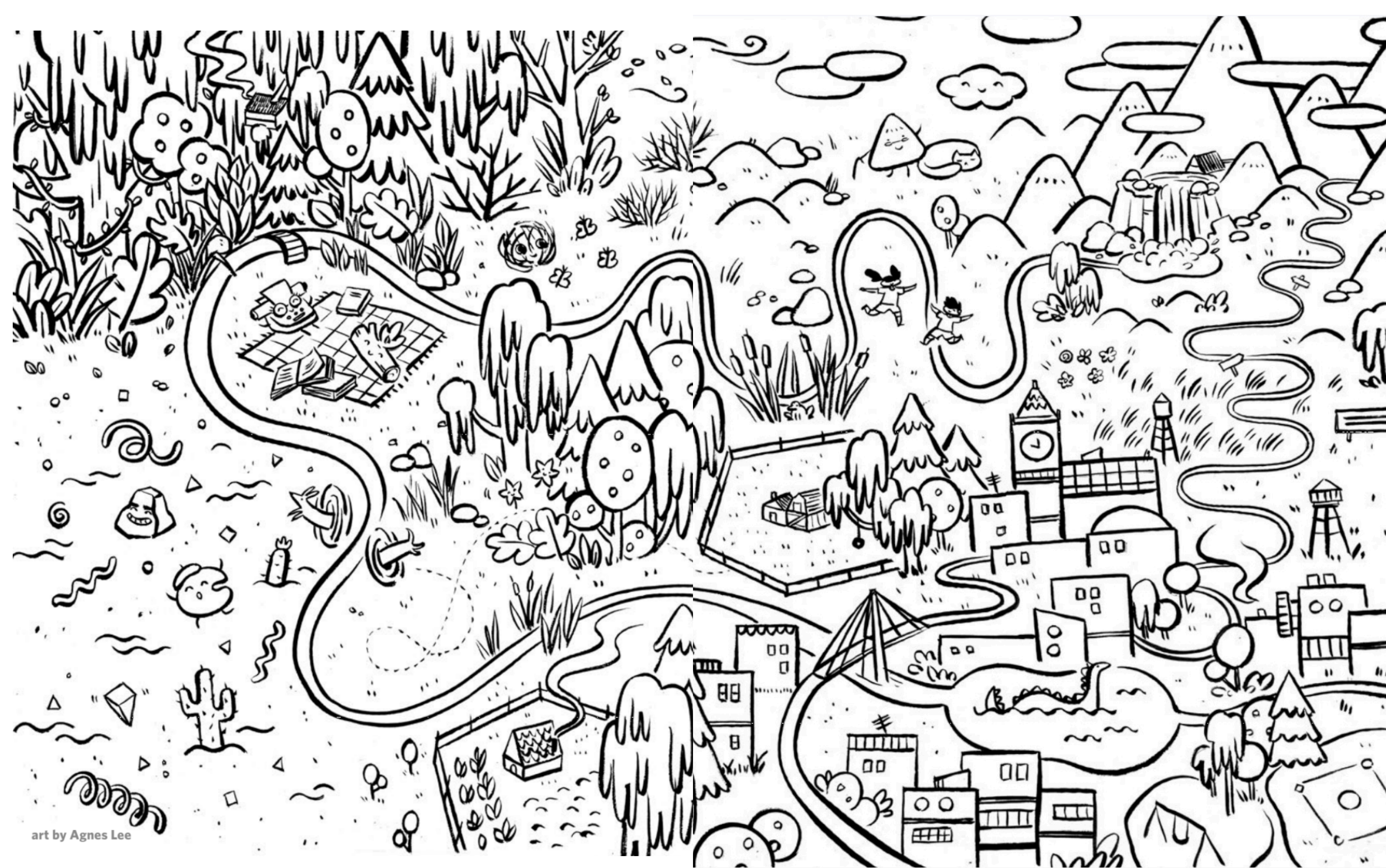


DRAW

THIS

patterns







# WRITE THIS:

EVERY STORY HAS A BEGINNING.  
COME UP WITH YOUR OWN FIRST  
SENTENCE TO A NEW STORY.

- T What interests you? Write about this.
- I Describe smells, colors, shapes, textures, sounds
- P Write about what you'd want to read about!
- S Use dialogue (that's somebody speaking)
- Show action (what's happening)



Keep writing until you reach the end  
of your story. Find more paper — your  
story can go on for as long as you like!

# COOK THIS: CHERRY ALMOND BARS



## DIRECTIONS

- 12 Tbsp (1 1/2 sticks) unsalted butter, soft
- 6 Tbsp sugar
- 1 1/2 cups all-purpose flour
- 1/4 tsp salt
- 1/2 cups heavy cream
- 1/2 cups sugar
- 1/2 tsp vanilla
- 1-2 drops almond extract
- 1/2 cups sliced natural almonds
- 1/2 cups dried cherries, chopped (preferably Montmorency or other tart/sour cherry)

**THE CRUST:** Preheat oven to 350F. Mix butter and sugar well. Add flour and salt and mix until a smooth dough forms. Press dough into the bottom of a foil-lined, 9" x 13" pan. Bake 10-15 minutes until light golden brown. Remove from oven and let cool.

**THE FILLING:** While crust is baking, prepare filling. In a saucepan, combine cream, sugar, vanilla, and almond extract. Bring to a boil and simmer for 30 seconds. Add almonds and cherries. Let cool until your crust is done and slightly cooled.

**THE YUMMY:** Pour filling over crust, spreading evenly. Bake 15-25 minutes until golden brown all over. Remove from oven and let cool. Lift out of the pan by the foil. Peel foil back then slide off onto a cutting board. Cut into small (1 1/2") squares.

RECIPE BY KIRI MAH, PASTRY CHEF AT PIZZAIOLO IN OAKLAND, CA.  
ART BY ANNA O'CONNELL, AN ILLUSTRATOR WHO LOVES TO COOK, IN CHICAGO, IL.



# DIY AWESOME SPINNING TWIG MOBILE!!!

## WHAT YOU NEED:



extra:



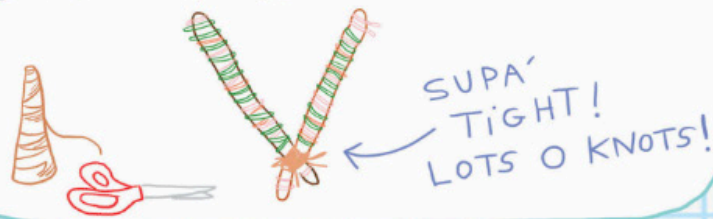
① START OFF BY TIGHTLY WRAPPING 3 TWIGS IN YARN OR TWINE. SECURE THE BEGINNINGS & ENDS OF THE YARN OR TWINE WITH KNOTS.



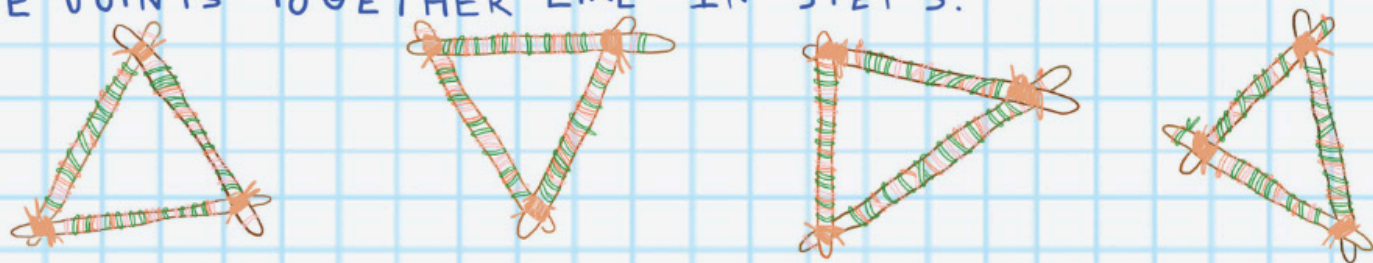
② ASSEMBLE 2 TWIGS IN THE SHAPE OF THE LETTER V WITH THE BOTTOMS OVERLAPPING A TAD.



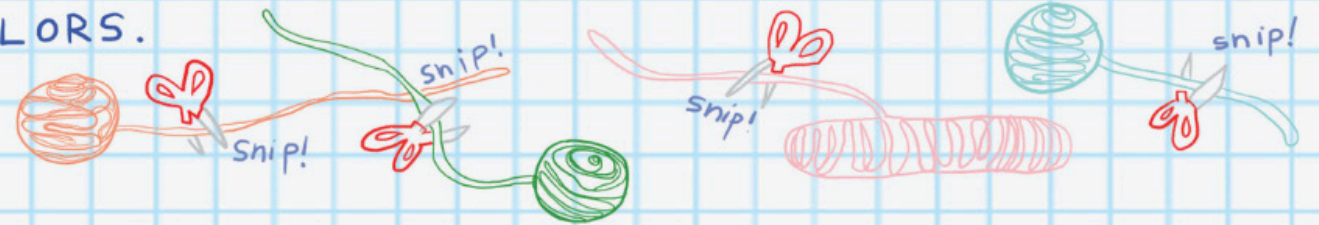
③ CUT A 12 in. PIECE OF TWINE & KNOT IT AROUND THE TWIG JOINTS. THEN TIGHTLY WRAP THE TWINE AROUND THE JOINT & TIE A KNOT TO SECURE IT IN PLACE.



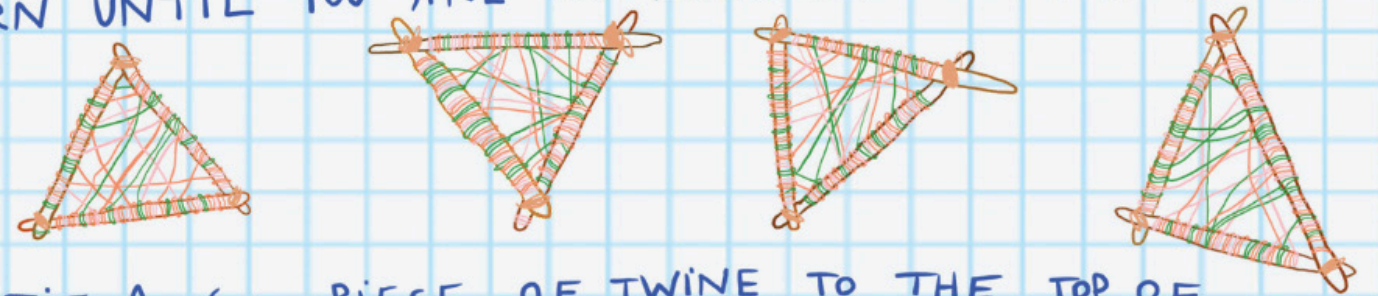
④ ADD THE 3<sup>rd</sup> TWIG TO CREATE A TRIANGLE AND WRAP + KNOT THE JOINTS TOGETHER LIKE IN STEP 3.



⑤ CUT A BUNCH OF 5-12 in. PIECES OF YARN IN DIFFERENT COLORS.



⑥ TIGHTLY TIE THE YARN TO A SIDE OF THE TWIG TRIANGLE. THEN TIGHTLY WRAP, WEAVE, AND LOOP THE YARN AROUND THE TRIANGLE. KEEP WRAPPING YARN UNTIL YOU ARE ~~100 YEARS OLD~~ HAPPY WITH IT!



⑦ TIE A 6 in. PIECE OF TWINE TO THE TOP OF YOUR TRIANGLE & HANG IT! TEE-DAH-IT'S A MOBILE THAT SPINS WITH THE WIND!

SO COOL

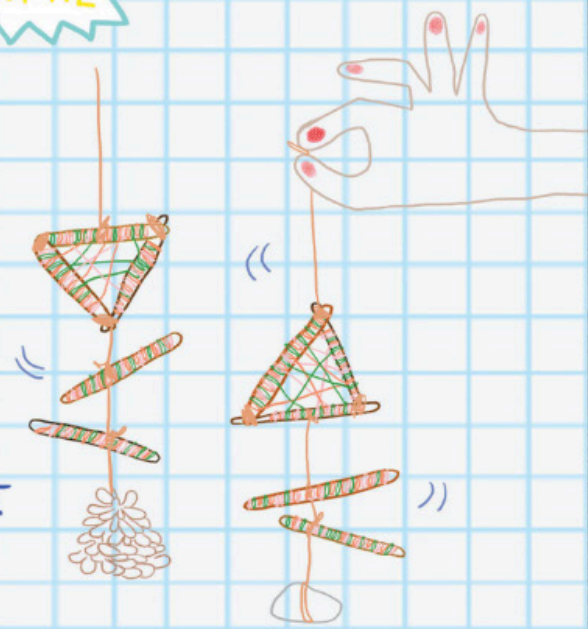
AWESOME HANDMADE GIFT!

## EXTRA CREDIT:

WRAP YARN OR TWINE AROUND 2 MORE TWIGS. THEN TIE THEM TO THE BOTTOM OF YOUR TRIANGLE WITH 12 in. OF TWINE EACH. LASTLY ADD WEIGHT TO THE BOTTOM BY TYING A ROCK OR PINECONE WITH TWINE TO YOUR FINAL TWIG.

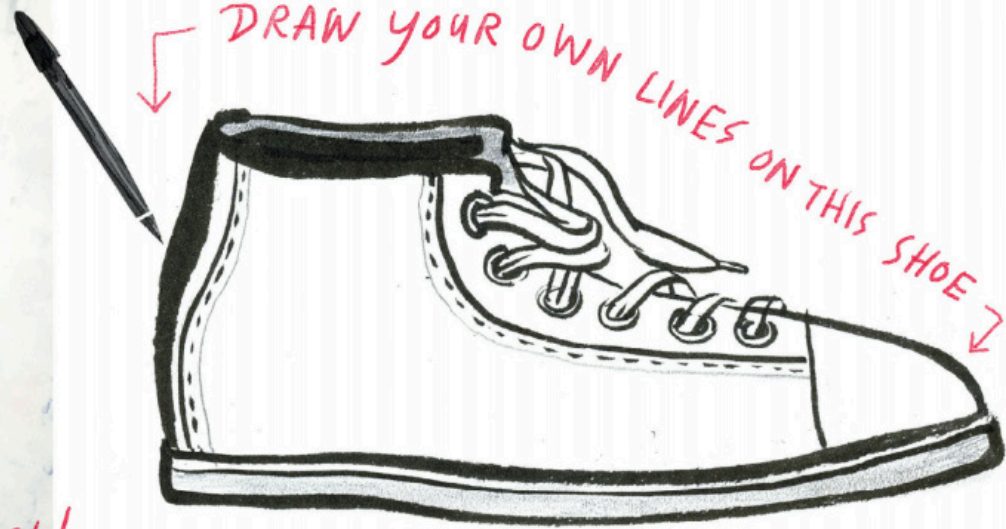
RAD DECORATION

ALL NATURAL





custom or lust!



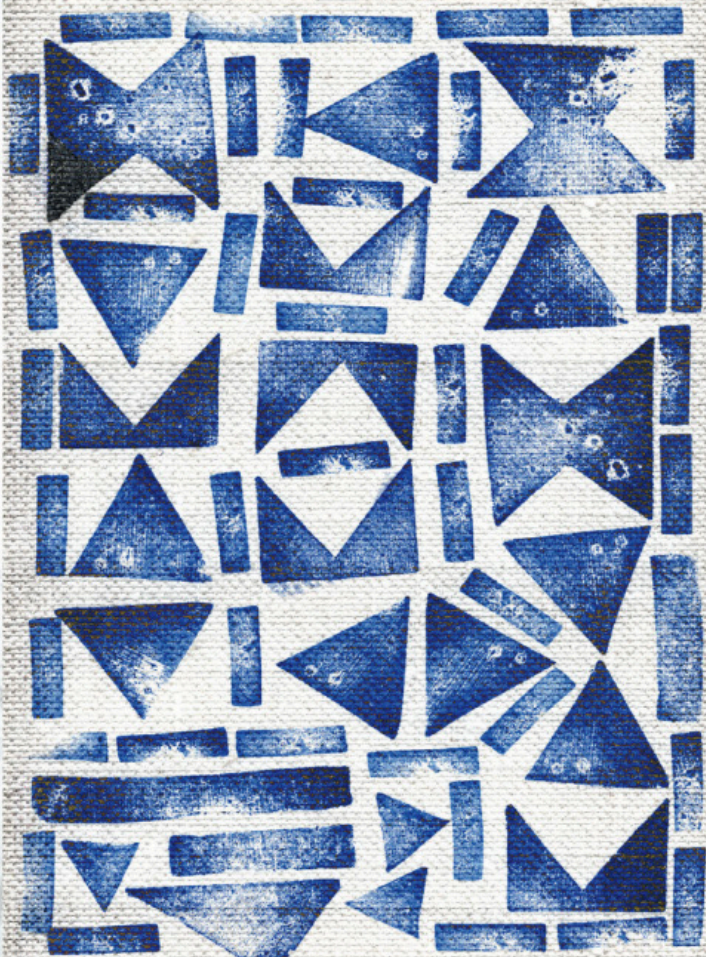
doodle this  
CANVAS SHOE



1. Grab sharpie or fabric paint + BRUSH or stamps

2. practice on a piece of paper

3. GO FOR IT!



MAKE THIS

# FABRIC PAINTING

YOU WILL NEED:

100% cotton fabric  
non-toxic fabric ink or paint  
(we like jaguard textile colors)



containers for mixing  
paint brushes - inexpensive ones!  
cardboard

STEP 1

LAY YOUR FABRIC OUT OVER THE CARDBOARD

*this will protect your table while painting and ironing*



STEP 2

MIX YOUR PAINT



*adding water will give a watercolor look*



STEP 3

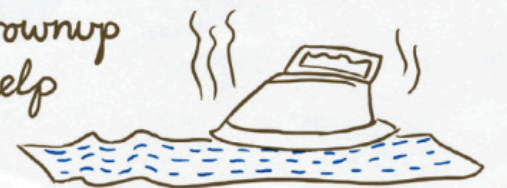
PAINT ONTO FABRIC  
*here are some easy patterns to follow or make up your own!*



STEP 4

AFTER THE PAINT DRIES, IRON YOUR FABRIC FOLLOWING PACKAGE INSTRUCTIONS TO SET YOUR COLORS

*ask a grownup for help*



STEP 5

ALL DONE!  
SEW INTO A PILLOW OR TIE INTO A STYLIN' SCARF







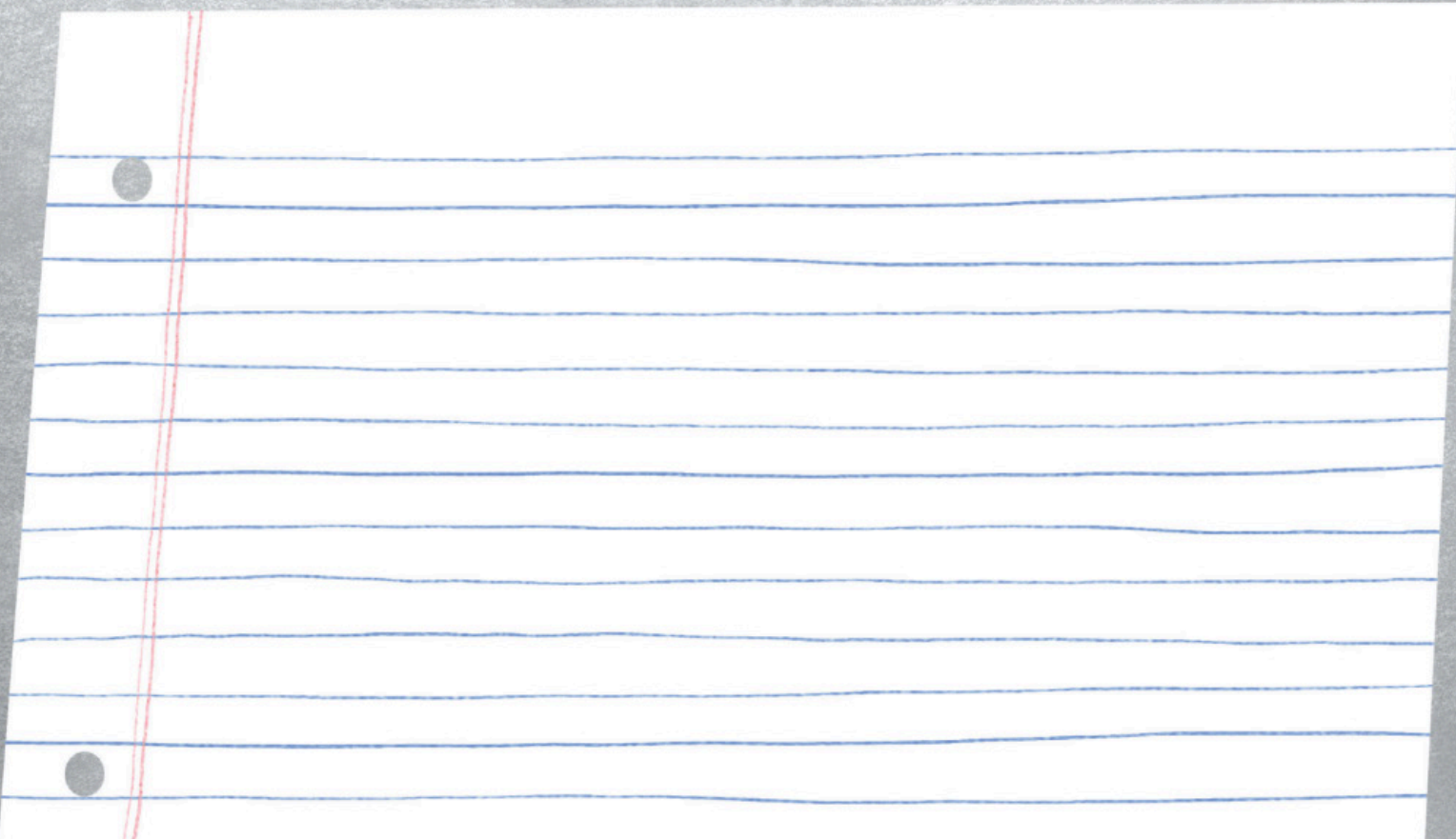
**WRITE THIS:**

A PICTURE IS WORTH A THOUSAND WORDS.

Draw a picture in the frame.

Describe the scene you created.

Find more paper and keep writing until you reach a thousand words...or more!



COOK THIS: **HERB TISANE** BY KRISTEN SOLECKI

*IT'S EASY AS 1-2-TEA!*

*TISANE IS A YUMMY HERBAL TEA MADE FROM STEEPING HERBS, SPICES, OR PLANTS IN HOT WATER.*



**1. GO OUTSIDE**



**2. FORAGE FRESH EDIBLE HERBS AND PLANTS SUCH AS MINT, LEMON VERBENA, ROSEMARY, SAGE, CHOCOLATE MINT, AND LEMON.**



**3. STEEP LEAVES AND PEEL IN HOT WATER (ASK A GROWN UP FOR HELP)**



**4. POUR (STEEP TIME OF 3-5 MINUTES) & ENJOY!**

# KOKEDAMA

MAKE THIS:



BY ALEXANDRA ROSE FRANCO  
OF RITO-ITO, PLANTS+DESIGN



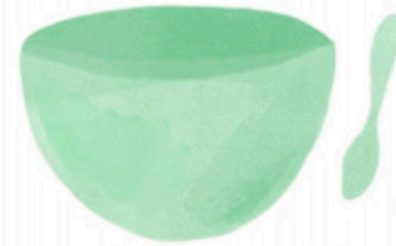
"KOKEDAMA" is the Japanese word for "moss ball."

Materials =

- TWINE
- FISHING LINE
- SCISSORS
- GLOVES
- WATER
- FERNS OR OTHER SHADE PLANTS
- BONSAI SOIL
- PEAT MOSS
- SHEET MOSS
- TUBS OR BOWLS FOR MIXING

## Step 1

LAY OUT TARP OR NEWSPAPER, OR WORK OUTSIDE. THIS GETS MESSY!



## Step 2

IN A LARGE BOWL OR TUB, MIX 3 PARTS PEAT MOSS TO 2 PARTS BONSAI SOIL. SLOWLY ADD WATER AND MIX SOIL MIXTURE WITH YOUR HANDS. CONTINUE ADDING WATER UNTIL YOU CAN FORM A SMALL BALL OF THE MIXTURE WITHOUT IT (LIKE MAKING A MEATBALL.)



## Step 3

REMOVE THE HOUSEPLANT FROM ITS CONTAINER AND GENTLY TAP THE SOIL OUT FROM ITS ROOTS.



## Step 4

OVER THE BOWL OR TUB, COVER ONE HALF OF THE PLANT'S ROOTS WITH A LARGE HANDFUL OF THE WET SOIL MIXTURE. ADD ANOTHER HANDFUL TO COMPLETE A ROUND BALL OF SOIL AROUND THE ROOTS. PATCH ANY HOLES.

## Step 5

ENCLOSE THE SOIL IN A PIECE OF SHEET MOSS. IF NEEDED, USE MORE SHEET MOSS TO COVER COMPLETELY, LEAVING THE PLANT SPROUTING OUT FROM THE MIDDLE.



## Step 6

WRAP A LONG PIECE OF TWINE AROUND THE MOSS, CRIS-CROSSING TO SECURE IT TIGHTLY.

## Step 7

TIE 2 PIECES OF FISHING LINE ON EACH SIDE OF THE MOSS BALL AND FIND A NEAT PLACE IN YOUR HOUSE TO HANG YOUR NEW KOKEDAMA. FERNS AND MOST HOUSE PLANTS DO BEST IN INDIRECT, PARTIALLY SHADED LIGHT.



Stand back and admire your Kokedama!

\* Spray with water 1-2 times a week

**WRITE THIS:** AUTHOR'S CORNER WITH  
**AMY NOVESKY, OF:**  
 ME, FRIDA; CLOTH LULLABY; LOVE IS A TRUCK, & MORE

AMY SAYS:

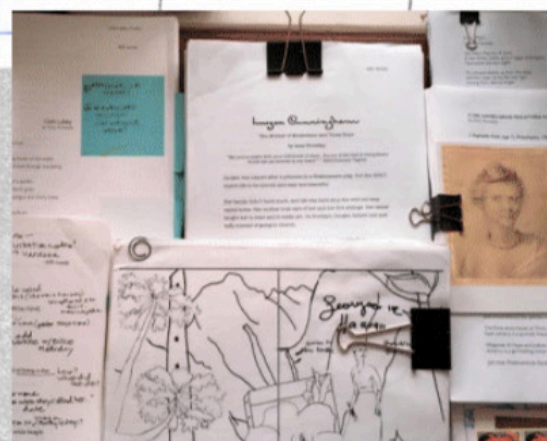
SLOW DOWN. LOOK UP. LISTEN. SEE. BE IN THE WORLD. SMILE. BE KIND. BE PRESENT. JUST BE.  
 LIFE IS SHORT. I KNOW IT DOESN'T FEEL THAT WAY NOW, BUT IT WILL, AND IT IS.  
 WRITING TAKES TIME. IT'S NOT OFTEN EASY OR INSTANTANEOUS. JUST WRITE.

- \* CARRY A BLANK BOOK WITH YOU WHEREVER YOU GO.
- \* WRITE BY HAND. USE A GOOD PEN.
- \* TAKE MENTAL SNAPSHOTS OF THE WORLD AND WRITE DOWN WHAT YOU SEE, HEAR, FEEL, FEAR, LOVE.
- \* DON'T WORRY THAT IT'S NOT PERFECT OR COMPLETE. JUST WRITE. I WRITE IN FRAGMENTS AND MAKE LISTS.
- \* FIND A QUIET SPACE TO THINK AND WRITE, E.G. YOUR BEDROOM, THE BUS, THE BEACH, A REDWOOD GROVE.
- \* SEEK OUT THINGS THAT INSPIRE YOU: A GREAT MOVIE, YOUR FAVORITE SONGS, A GOOD BOOK.
- \* KEEP A BOX OF THINGS THAT INSPIRE YOU: PICTURES, POEMS, POSTCARDS.

WRITE A LIST= What do you...

see	Hear	Feel	Love

Stacks of manuscripts on Amy's desk:



S. BRIT

# ORBIT RACE

COLOR-IN

You're a spaceship trying to return home! Choose one of three pathways and follow the orbits back to Earth. Roll a die and travel that many spaces. When you reach a new planet, pick a direction to orbit around the planet and keep going. Remember, it takes less time to orbit around small planets than it does big ones. Which path is the quickest? Play with a friend and see who gets home first!



## WHAT YOU NEED:

- 6-sided die
- Pennies (or other small trinkets) for player pieces!
- Crayons for coloring the planets







Artwork by Marlowe Dobbe

END

# LEAF PRINTING



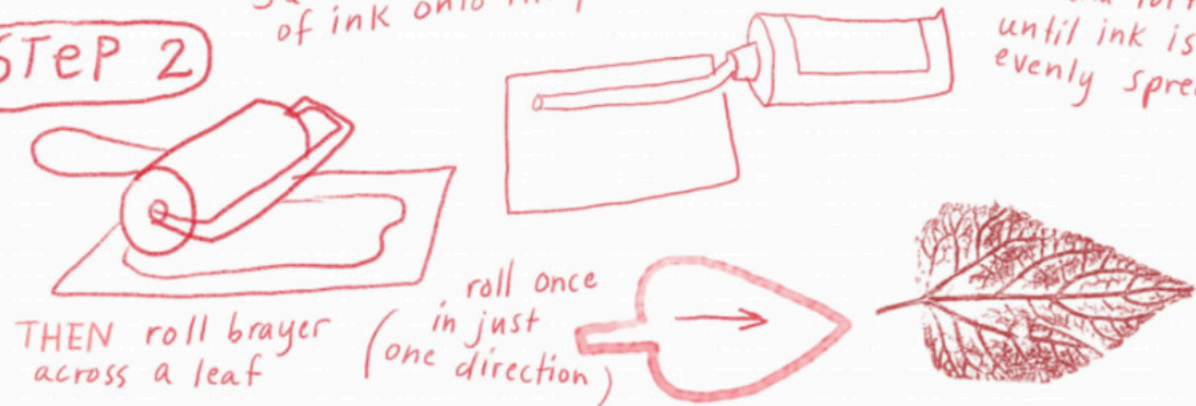
## MATERIALS =

- LEAVES 
  - PAPER, SCISSORS, scrap PAPER   
→ rice paper is ideal, but any thin paper will do
  - WATER-BASED PRINTMAKING INK 
  - BRAYER + plexi glass plate (or raid the kitchen - try a cookie tray) 
- OPTIONAL MESSAGE { Hi PAL BYE YES  
YO! IUV LUV HEY
- (roller thing) cut out letters from scrap paper - must be short!

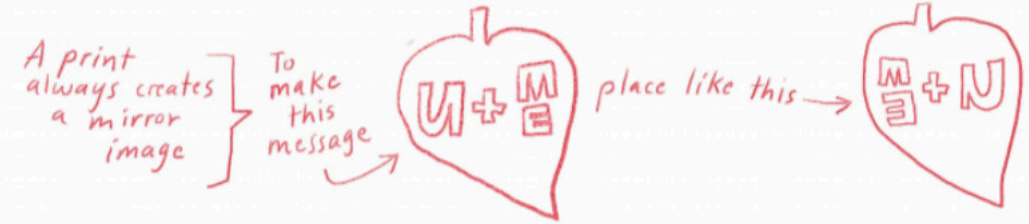
**STEP 1** Gather a variety of leaves, pat dry with towel if they are wet

Squeeze a thin line of ink onto the plate & roll brayer back and forth until ink is evenly spread

**STEP 2**



**STEP 3** Place message onto the inked leaf, BACKWARDS  
(Do one at a time and work quickly as the ink dries fast)



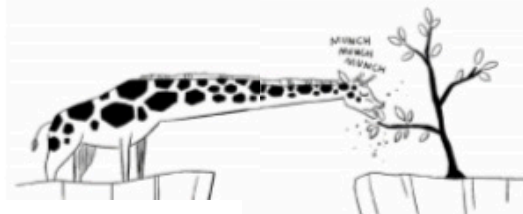
**STEP 4** Place inked leaf, face up, on a sheet of scrap paper, and place the rice paper on top. Rub gently, focusing on all the edges of the leaf with your fingertips.



# PLANT THIS: *one potato, two potatoes...*

art by Yuliya Gwilym

1. Choose small or big potatoes. These will be your "seed potatoes."
2. Place in an egg box on a well-lit window sill, until eyes grow and leaves sprout.
3. Plant the sprouted potatoes in soil. Be sure to locate a very sunny spot outside.
4. As leaves grow, cover the plant with more soil. Water about once a week.
5. After several months, harvest your potatoes!



# COOK THIS: *hot potato!*



1. Boil whole potatoes for about 3 minutes.
2. Dice your potatoes.
3. Fry 'em up in a bit of oil.
4. Serve with your favorite toppings.
5. Enjoy!

# MAKE THIS PAPER MACHÉ SUCCULENT GARDEN

## MATERIALS

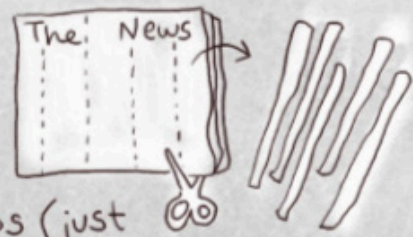


**STEP 1** Mold the aluminum foil into plant-like shapes. Use the masking tape to hold your shapes together.



## STEP 2

Cut your newspaper into 1-2 inch strips (just make sure it's an OLD paper or your parents might get mad!!!)



**STEP 3** Dip a newspaper strip into the mod podge. Use two fingers to squeeze off the extra glue.



(you don't want your strips to be too wet, otherwise your shape will be too soggy to dry nice & strong)

**STEP 4** Tightly wrap the newspaper strips around your aluminum shapes. The tighter you wrap the better!



## STEP 5

Wrap your shape completely with newspaper 3 times

## STEP 6



Lay out your wet, wrapped shapes on a piece of newspaper to dry overnight, or just blow-dry!

## STEP 7



Once dry, paint your succulents & pots to your heart's content! You can also glue on bits of colorful paper for embellishments.

## STEP 8



Put your plants in your pots with some newspaper as "dirt" to keep them in place. And voilà it's your own paper mache garden!

# MAKE THIS: NATURAL DYES

## What you need:

- jar or vessel • food and yard scraps • fabric scraps (natural fibers)

Scraps of wool, cotton, silk, or linen from old sewing projects or t-shirts work well. Be sure your fabric has not been synthetically dyed. Most food and yard scraps are safe to use, but be sure to have an adult check and approve materials before handling.

**Create the dye:** Place food/plant scraps in jar. Use one material per jar if you want to test colors.

**Tip:** Don't be afraid to rip, tear, or smash up the plant material first. This often helps the dye process.

**Add fabric scraps to the jar.** Fill the jar with warm or hot water.\* Running water from the tap is just fine. Fill and seal the jar, shake things up a bit, and place in an area that gets direct sun exposure.

**Tip:** You can heat up water on a kettle but ask an adult for help and don't use water that is too hot or boiling, which can hurt the dye process.

**Go about your business:** Over the next few days, notice the liquid and fabric start to slowly shift colors. Shake and rotate the jars every so often. You can even open the jar and poke around a bit to move the fabric. Let the jars sit for as long as you want. After some days or weeks have passed, remove the fabric and dispose of the liquid. Now you have some beautiful, naturally dyed fabric scraps ready for your next project!

\* WHEN MAKING DYES WITH THESE MATERIALS, START WITH HOT OR NEARLY BOILING WATER:  
AVOCADO PITS, MOST WOOD SHAVINGS, REDWOOD CONES, PINE BARK

EACH PART OF THIS PROJECT—FROM THE MATERIALS TO THE TIME IT TAKES—IS MEANT TO BE FOUND IN THE BITS AND PIECES OF EVERYDAY LIFE

# SCRAPS

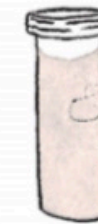
BY MATT KATSAROS



ONION SKINS



AVOCADO PITS



MOST WOOD SHAVINGS



REDWOOD CONES



ROSEMARY



BLACK TEA AND RUSTY THINGS



FENNEL



BLACKBERRIES



CARROT TOPS



PINE BARK



PURPLE CABBAGE

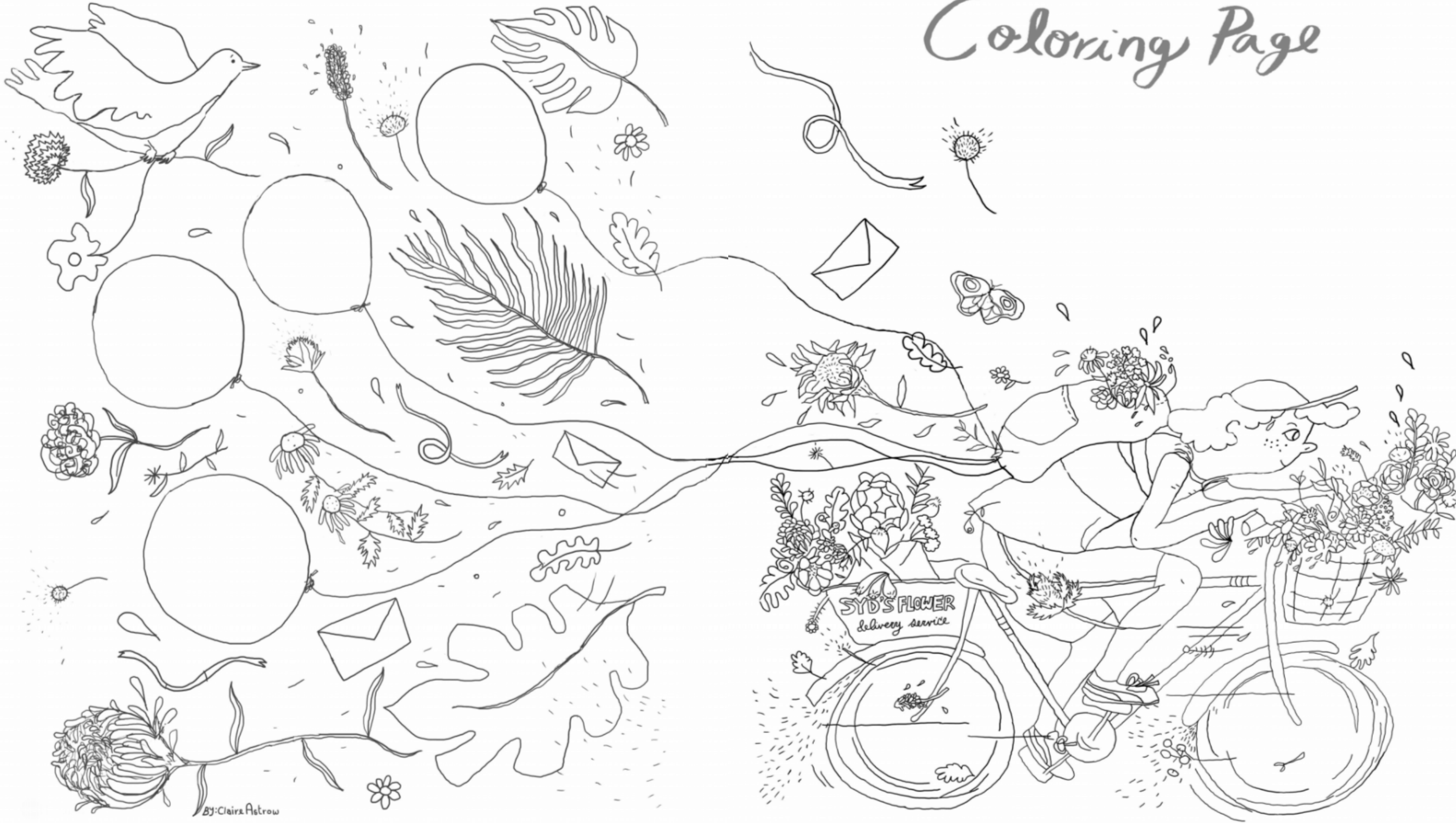


OXALIS (SOUR GRASS)

MATT KATSAROS IS AN ARTIST AND CRAFTSPERSON WORKING IN THE OUTER SUNSET OF SAN FRANCISCO. HE PRACTICES FIBER ARTS AND TEXTILES, THOUGH HIS LOVE OF SCRAPS ALSO LEADS HIM TO PRINTMAKING, DRAWING, WOOD, AND OTHER MEDIUMS.



# Coloring Page



By: Claire Astrow

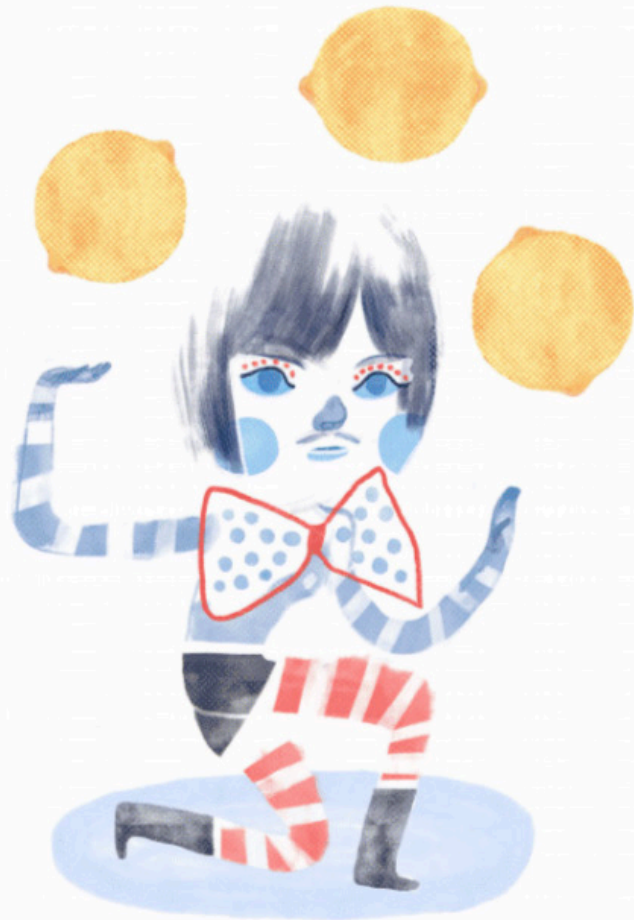
# LAVENDER-INFUSED LEMONADE

illustration by Paul du Coudray

The sugar/lemon balance can vary, based on your tastebuds and the type of lemons used. (Myer lemons are sweeter than regular lemons). Use English lavender or another edible herb for your infusion. If you pick from the garden, make sure your herbs are pesticide-free. Rosemary is a great substitute for lavender.

Small handful of freshly picked lavender flowers  
or a tablespoon of dried lavender  
1 cup white, granulated sugar  
2 cups boiling water for the infusion  
1 1/2 cups freshly squeezed lemon juice  
2 cups cold water + ice

Pour 2 cups boiling water over the lavender + sugar  
and stir until sugar melts. Cover and infuse for 1 hour.  
Strain the lavender-infused simple syrup. Set aside.  
Mix lemon juice with two cups cold water. Add the  
syrup. Adjust with more lemon or water to taste.  
Add ice and enjoy!



## WRITE THIS:

### GROW A STORY

● Stories begin as ideas, just as the largest redwoods come from tiny seeds. When an idea lands in your imagination, how do you nourish it so it sprouts and blooms? Do you water it with creativity juices? And what about the weeds? Use words and pictures to show how your story grows:

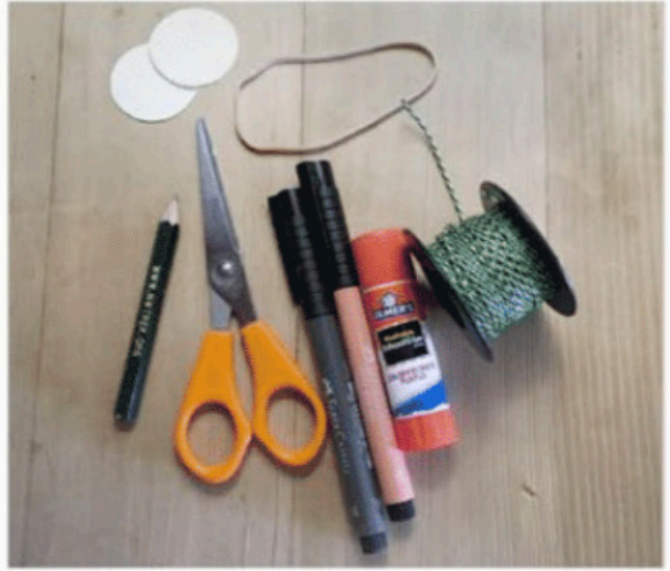
# MAKE THIS

a victorian-era  
"Thaumatrope"  
simple animation toy

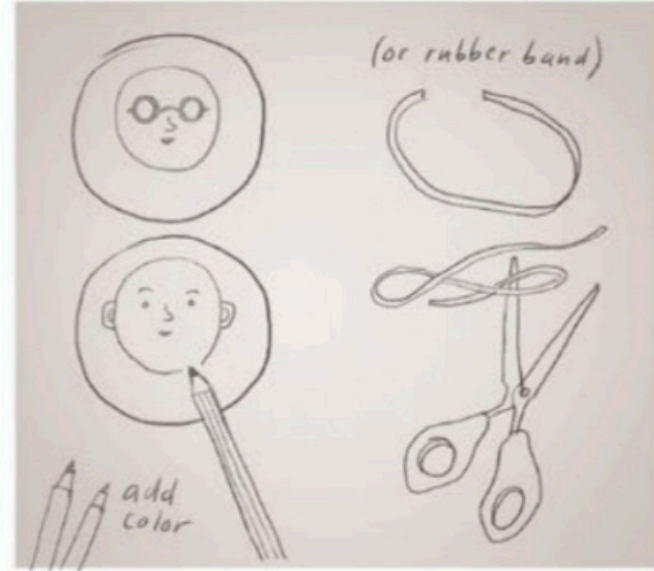
THE INVENTION OF THE THAUMATROPE, WHOSE NAME MEANS "TURNING MARVEL" OR "WONDER TURNER," WAS POPULARIZED BY A LONDON PHYSICIST, DR. JOHN A. PARIS. THAUMATROPEs WERE THE FIRST OF MANY 'OPTICAL TOYS' THAT PROVIDED ANIMATED ENTERTAINMENT UNTIL THE ADVENT OF CINEMA.

ALTHOUGH THE THAUMATROPE DOES NOT PRODUCE ANIMATED SCENES, IT RELIES ON THE PERSISTENCE OF VISION PRINCIPLE THAT OTHER OPTICAL TOYS USE TO CREATE ILLUSIONS OF MOTION. THIS REFERS TO THE EYE'S ABILITY TO RETAIN AN IMAGE FOR ROUGHLY 1/20 OF A SECOND AFTER AN OBJECT IS GONE. AS THE THAUMATROPE SPINS, THE SERIES OF QUICK FLASHES IS VIEWED AS ONE CONTINUOUS IMAGE.

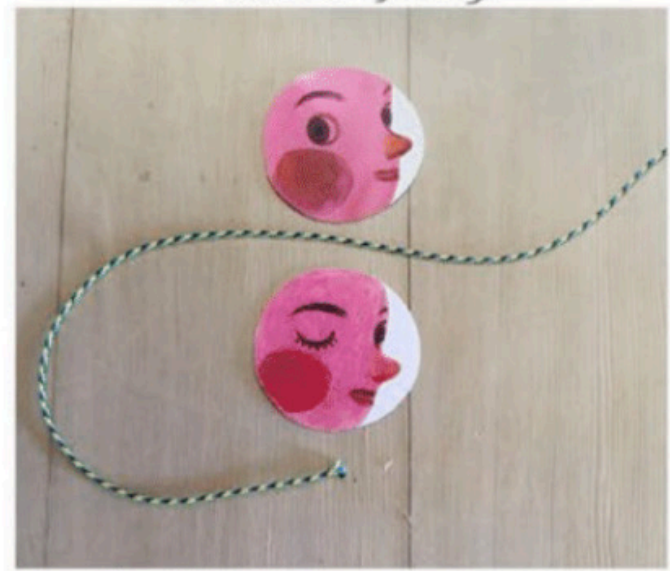
supplies → (string or rubber band)



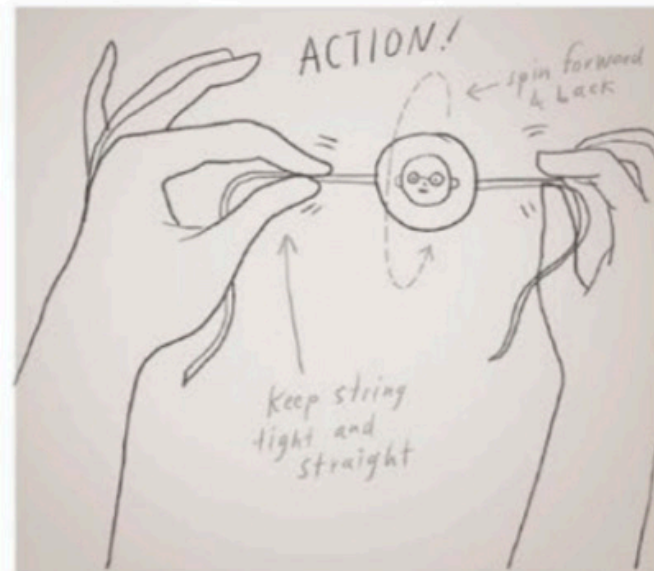
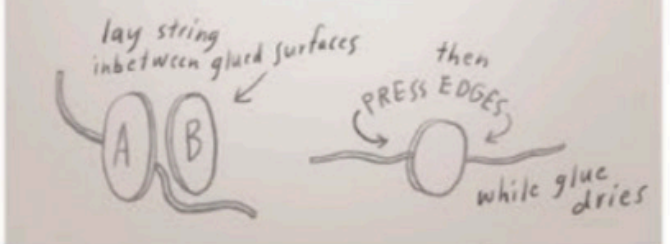
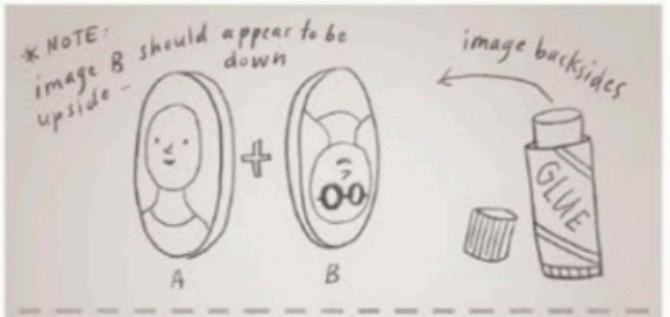
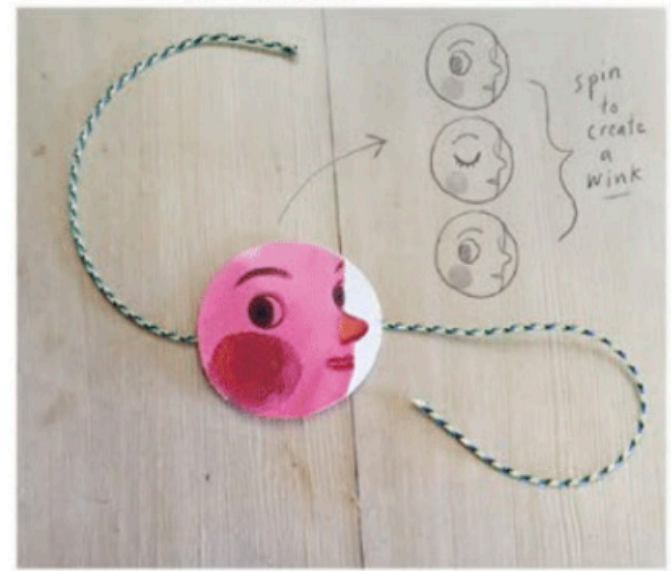
← draw images cut string →



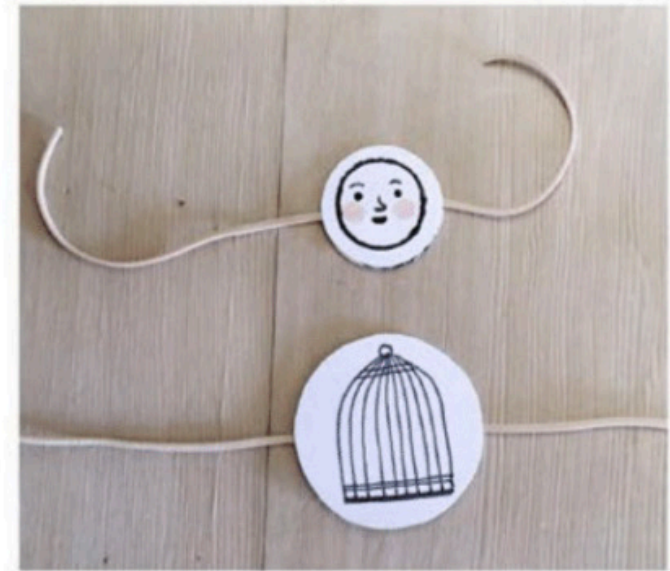
← before gluing



← after!



other ideas →



(rubber band works slightly better than string)



line up your images like this ↵

when dry, you can pinch each end and rub your fingertips to quickly rotate

these become and !

by e. haidle



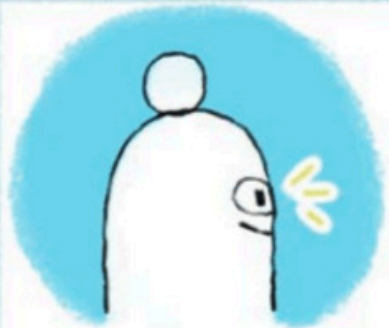
ILLUS



TORIA



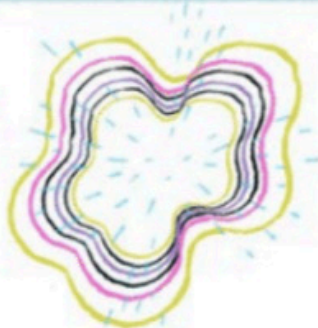
☆ art by Claire Astrow



# (E)MOTIONS:

What Do Your Eyes Do,  
When They See Something New?

by Lark Pien



Do they grow  
big and wide?



Do they form  
stars inside?



Do they...

... see sparkles  
all around?



... get narrow  
and squish  
down?



... grow sharp  
like a cat's?



... or fill with  
tears, perhaps?



Do they...

... trace each  
and every  
corner?



... peer and  
scrutinize?



... turn small  
and rosy?



... or spin,  
mesmerized?



Do they...

... crinkle at  
the corners?



... or go  
'round like  
saucers?



Do they...  
... do a double  
take?



... or close for  
an inner gaze?



## Your Turn!

1. Draw something  
you saw yesterday.

2. Draw your reaction  
to what you saw.

DRAW a COMIC!

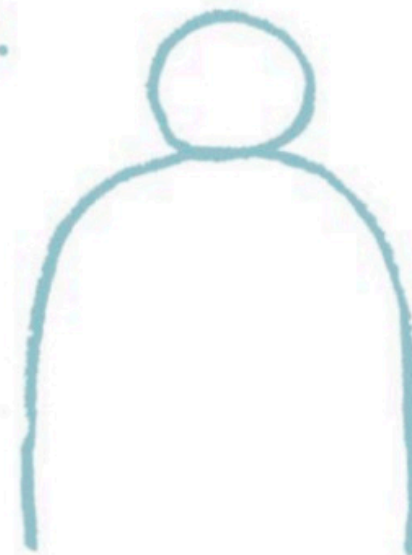


I love  
you,  
Ice Cream!



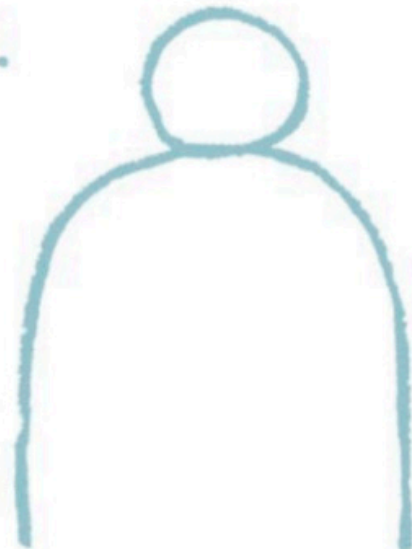
1.

2.



1.

2.



WE HOPE YOUR DAYS ARE FULL OF  
DREAMING, MAKING & CREATIVITY.  
WHETHER YOU ARE PLANTED INDOORS  
OR OUTSIDE EXPLORING, MAY YOU FIND  
PLENTY OF INSPIRATION TO LET YOUR  
IMAGINATION ROAM WILD & FREE.

THESE ACTIVITIES HAVE BEEN EXCERPTED  
FROM ILLUSTORIA MAGAZINE ISSUES 1-5,  
WITH CONTRIBUTIONS FROM BELOVED  
WRITERS, ARTISTS & STAFF.

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