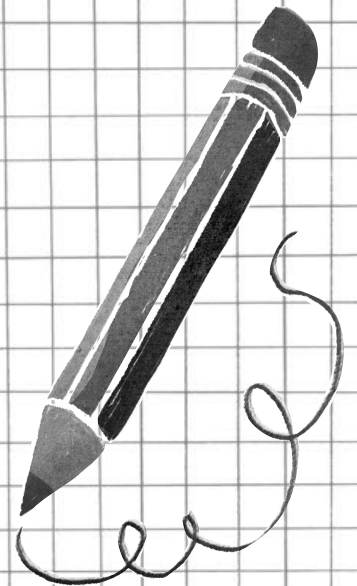


DRAW

WRITE

PLAY

MAKE



BY: _____

FREE PRINTABLE ACTIVITIES FROM THE ARCHIVES OF

ILLUSTORIA STUDIO

MAKE THIS

ACCORDION BOOK

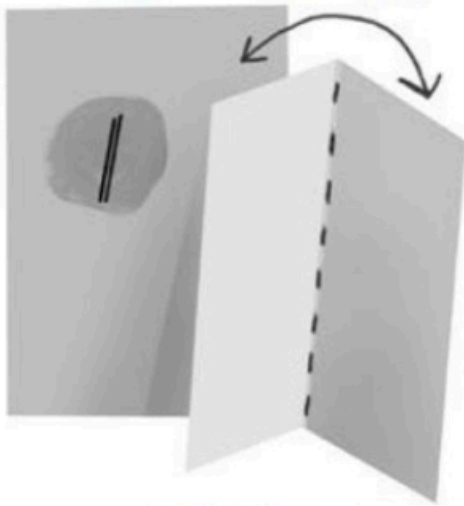
Where is the beginning and where is the end?

Only your words and pictures will tell!

Make one and fill it up with your own story...

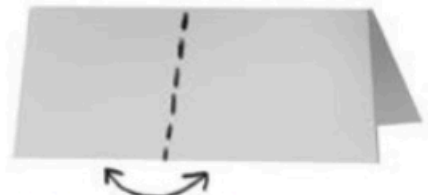
8.5" x 11"

Sheet of regular typing paper



fold in half, length-wise

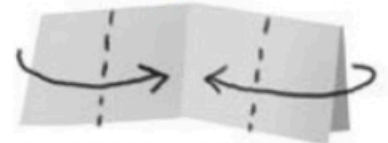
2



fold in half again

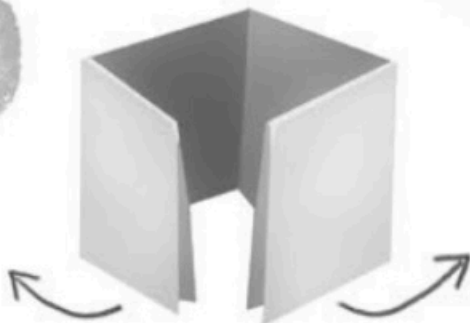



then unfold



& bend each end to line up with the center fold

3

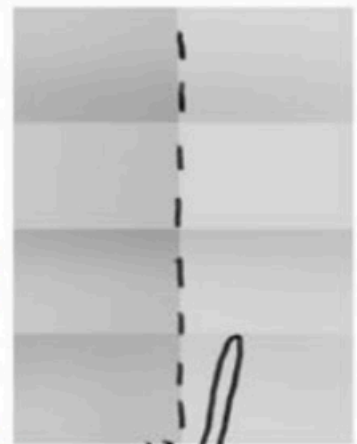


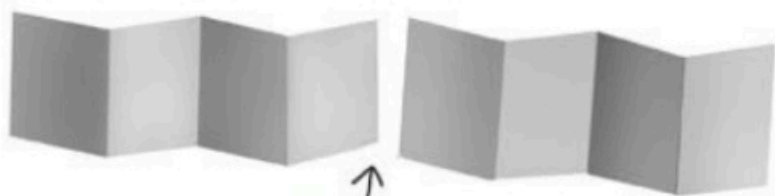
bend outer edges in the OPPOSITE direction to get the accordion shape 

4

Now, unfold everything!

LAY FLAT & cut down center fold to create 2 halves





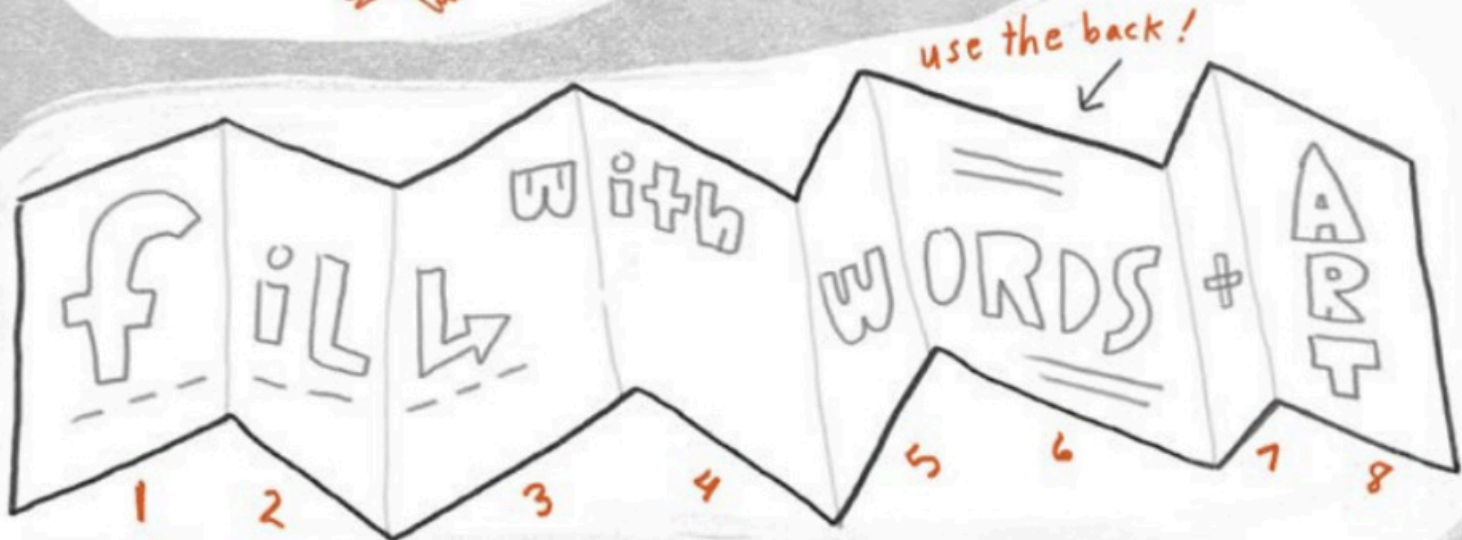
5

tape here



6

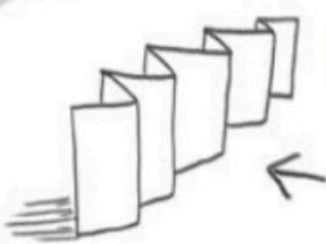
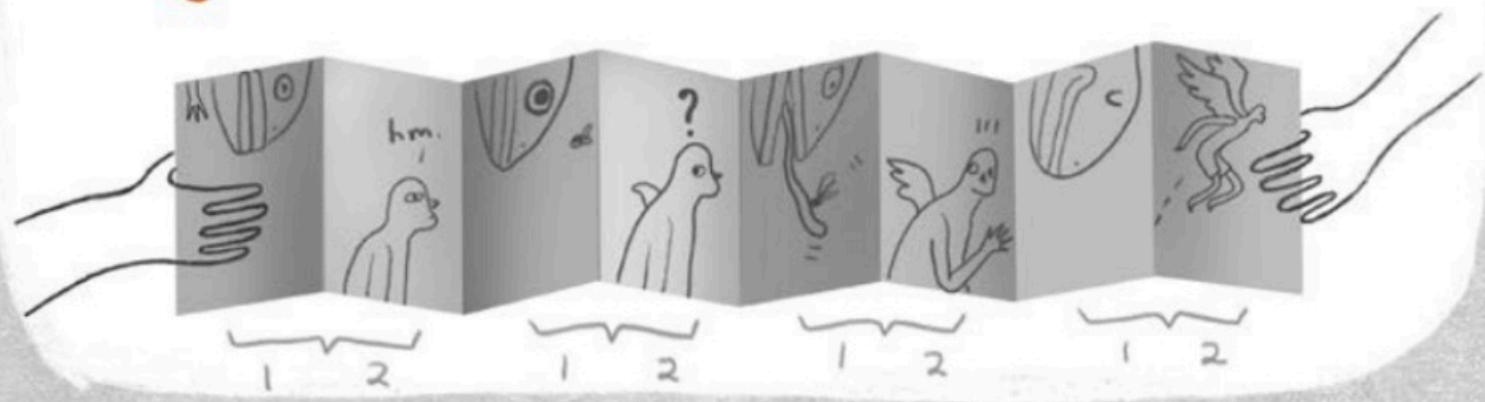
Create the story



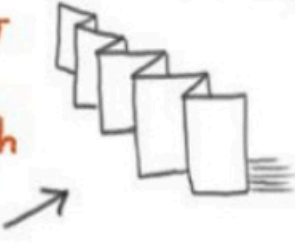
7

BONUS!
② STORIES:

tell story #1 on every other panel, starting on p. 1
& tell story #2, starting on page 2, filling in the blanks



PLACE UPRIGHT
and
move left or
right to see each
story!



WA-LAH!

DRAW

THIS

patterns







art by Agnes Lee



MAKE THIS:

SEED BOMBS

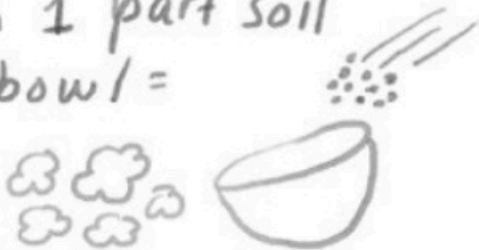
Toss these into any patch of dirt and become an instant guerilla gardener!

YOU WILL NEED:

1. Wildflower Seeds (native to your area)
2. Air-dry clay
3. Potting Soil
4. Bowl + Water

STEP 1.

Combine 5 parts clay with 1 part soil in bowl =



STEP 3.

Shape into golf ball-sized balls.



STEP 2.

Add 1 part seeds to mixture.

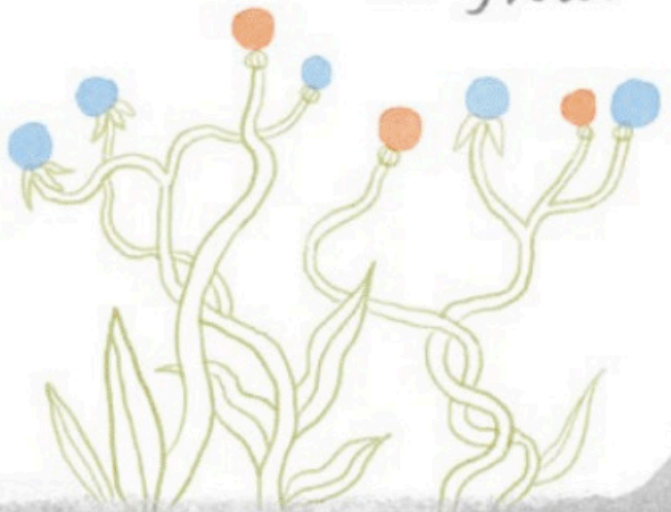
- KNEAD, MIX, SQUISH -
until it feels like
cookie dough.

Not too wet, not too dry.



STEP 4.

All done.
Toss! Throw! Watch
'em grow!





START HERE

ART BY ZACK GIALONGO

WRITE THIS:

EVERY STORY HAS A BEGINNING.
COME UP WITH YOUR OWN FIRST
SENTENCE TO A NEW STORY.

- T What interests you? Write about this.
- I > Describe smells, colors, shapes, textures, sounds
- P Write about what you'd want to read about!
- S Use dialogue (that's somebody speaking)
Show action (what's happening)



Keep writing until you reach the end
of your story. Find more paper – your
story can go on for as long as you like!

COOK THIS : CHERRY ALMOND BARS



DIRECTIONS

12 Tbsp (1 1/2 sticks) unsalted
butter, soft
6 Tbsp sugar
1 1/2 cups all-purpose flour
1/4 tsp salt
1/2 cups heavy cream
1/2 cups sugar
1/2 tsp vanilla
1-2 drops almond extract
1/2 cups sliced natural almonds
1/2 cups dried cherries, chopped
(preferably Montmorency or other
tart/sour cherry)

THE CRUST: Preheat oven to 350F. Mix butter and sugar well. Add flour and salt and mix until a smooth dough forms. Press dough into the bottom of a foil-lined, 9" x 13" pan. Bake 10-15 minutes until light golden brown. Remove from oven and let cool.

THE FILLING: While crust is baking, prepare filling. In a saucepan, combine cream, sugar, vanilla, and almond extract. Bring to a boil and simmer for 30 seconds. Add almonds and cherries. Let cool until your crust is done and slightly cooled.

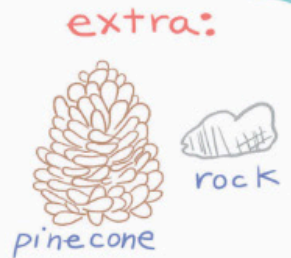
THE YUMMY: Pour filling over crust, spreading evenly. Bake 15-25 minutes until golden brown all over. Remove from oven and let cool. Lift out of the pan by the foil. Peel foil back then slide off onto a cutting board. Cut into small (1 1/2") squares.

RECIPE BY KIRI MAH, PASTRY CHEF AT PIZZAIOLO IN OAKLAND, CA.
ART BY ANNA O'CONNELL, AN ILLUSTRATOR WHO LOVES TO COOK, IN CHICAGO, IL.

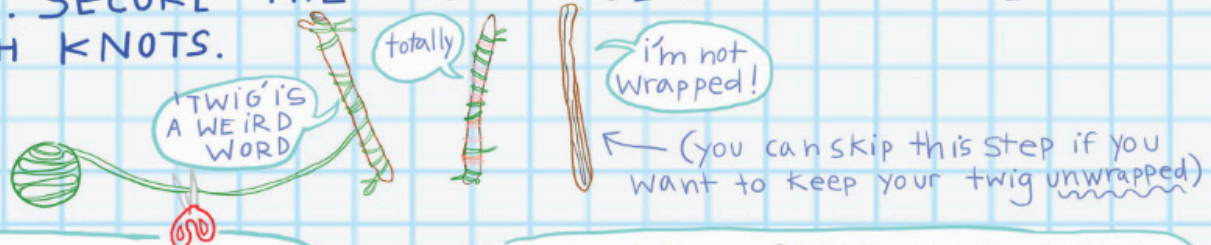


D.I.Y AWESOME SPINNING -TWIG- MOBILE!!!

WHAT YOU NEED:



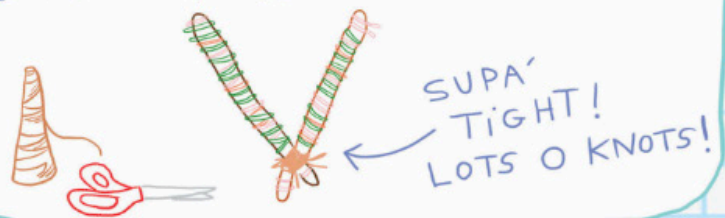
- ① START OFF BY TIGHTLY WRAPPING 3 TWIGS IN YARN OR TWINE. SECURE THE BEGINNINGS & ENDS OF THE YARN OR TWINE WITH KNOTS.



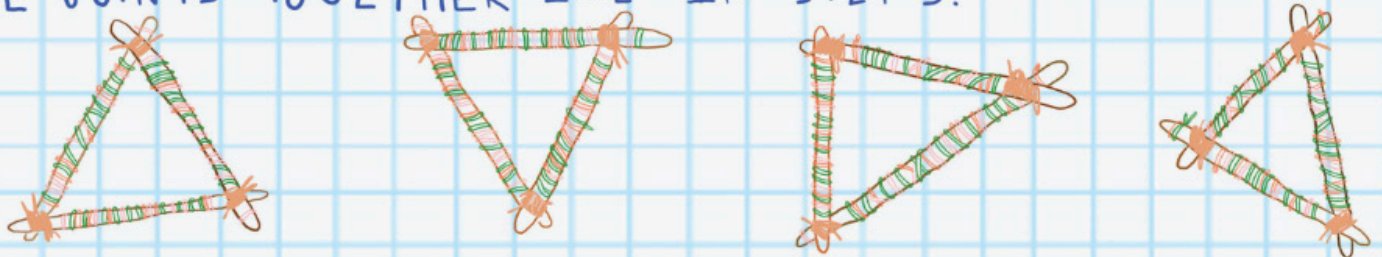
- ② ASSEMBLE 2 TWIGS IN THE SHAPE OF THE LETTER V WITH THE BOTTOMS OVERLAPPING A TAD.



- ③ CUT A 12 in. PIECE OF TWINE & KNOT IT AROUND THE TWIG JOINTS. THEN TIGHTLY WRAP THE TWINE AROUND THE JOINT & TIE A KNOT TO SECURE IT IN PLACE.



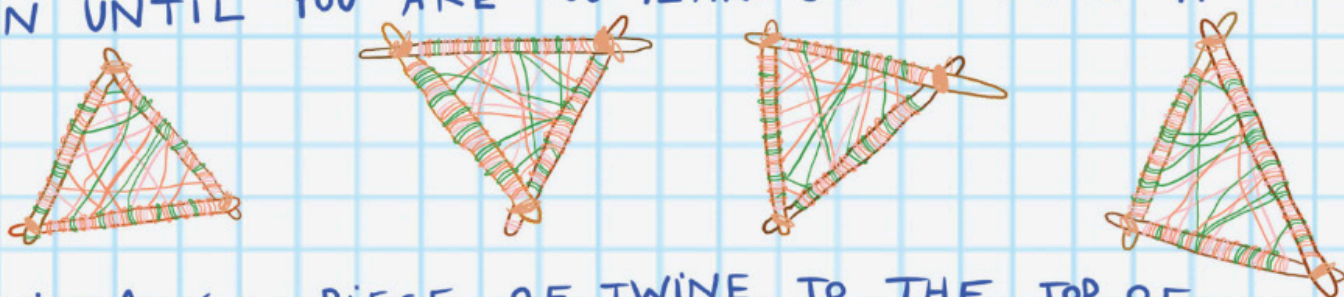
- ④ ADD THE 3rd TWIG TO CREATE A TRIANGLE AND WRAP + KNOT THE JOINTS TOGETHER LIKE IN STEP 3.



⑤ CUT A BUNCH OF 5-12 in. PIECES OF YARN IN DIFFERENT COLORS.



⑥ TIGHTLY TIE THE YARN TO A SIDE OF THE TWIG TRIANGLE. THEN TIGHTLY WRAP, WEAVE, AND LOOP THE YARN AROUND THE TRIANGLE. KEEP WRAPPING YARN UNTIL YOU ARE ~~100 YEARS OLD~~ HAPPY WITH IT!



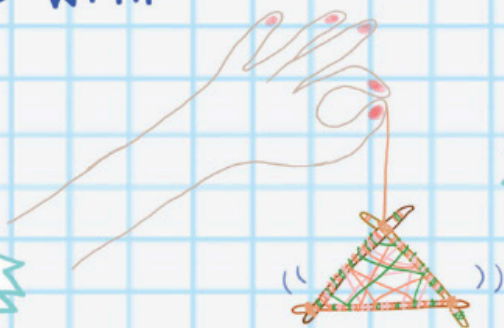
⑦ TIE A 6 in. PIECE OF TWINE TO THE TOP OF YOUR TRIANGLE & HANG IT! TEE-DAH-IT'S A MOBILE THAT SPINS WITH THE WIND!

SO COOL

AWESOME HANDMADE GIFT!

ALL NATURAL

RAD DECORATION



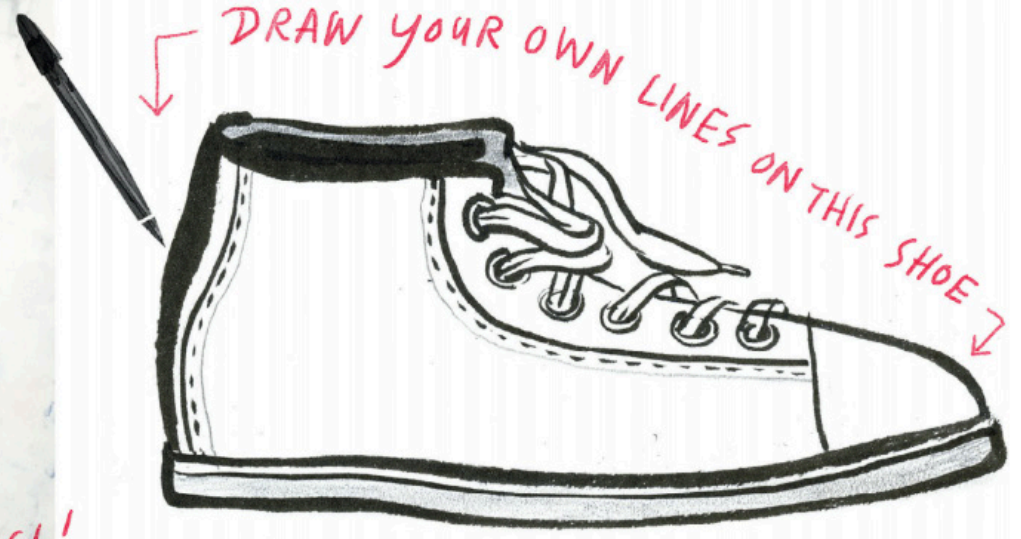
EXTRA CREDIT:

WRAP YARN OR TWINE AROUND 2 MORE TWIGS. THEN TIE THEM TO THE BOTTOM OF YOUR TRIANGLE WITH 12 in. OF TWINE EACH. LASTLY ADD WEIGHT TO THE BOTTOM BY TYING A ROCK OR PINECONE WITH TWINE TO YOUR FINAL TWIG.





custom or lust!

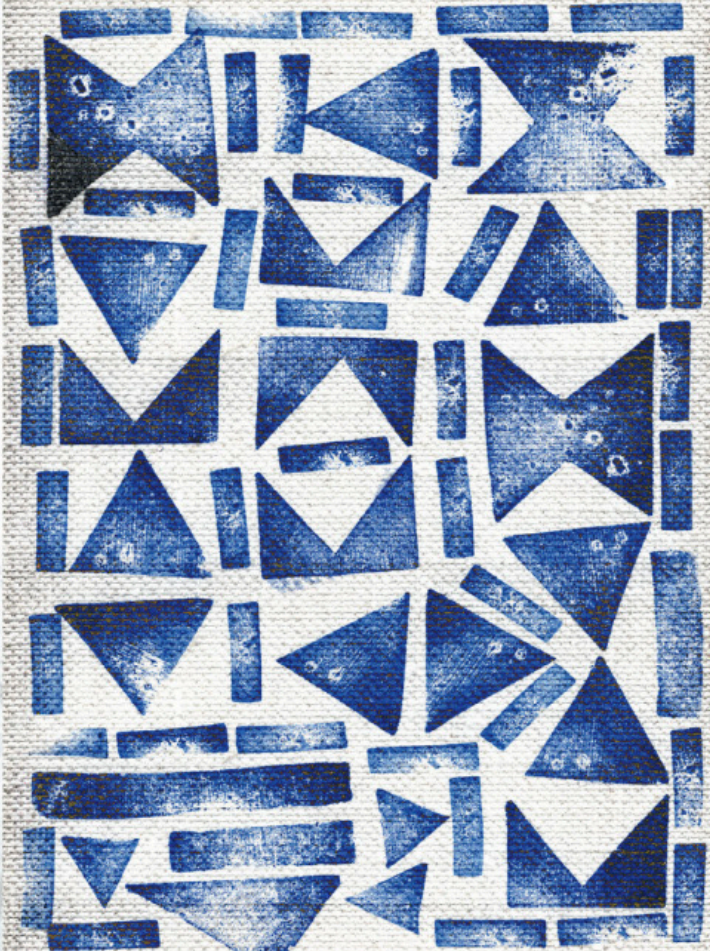


DRAW YOUR OWN LINES ON THIS SHOE

doodle this - CANVAS SHOE



1. Grab sharpie or fabric paint + BRUSH or stamps
2. practice on a piece of paper
3. Go For IT!



MAKE THIS

FABRIC PAINTING

YOU
WILL
NEED:

100% cotton fabric
non-toxic fabric ink or paint
(we like jaguard textile colors)



containers for mixing
paint brushes - inexpensive ones!
cardboard

STEP 1

LAY YOUR FABRIC OUT
OVER THE CARDBOARD



*this will protect your table
while painting and ironing*

STEP 2

MIX YOUR
PAINT



*adding water will give
a watercolor look*

STEP 3

PAINT ONTO FABRIC

*here are some easy
patterns to follow or
make up your own!*



STEP 4

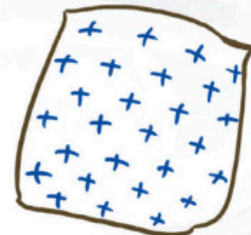
AFTER THE PAINT DRIES, IRON
YOUR FABRIC FOLLOWING PACKAGE
INSTRUCTIONS TO SET YOUR COLORS

*ask a grownup
for help*



STEP 5

ALL DONE!
SEW INTO A PILLOW
OR TIE INTO A
STYLIN' SCARF





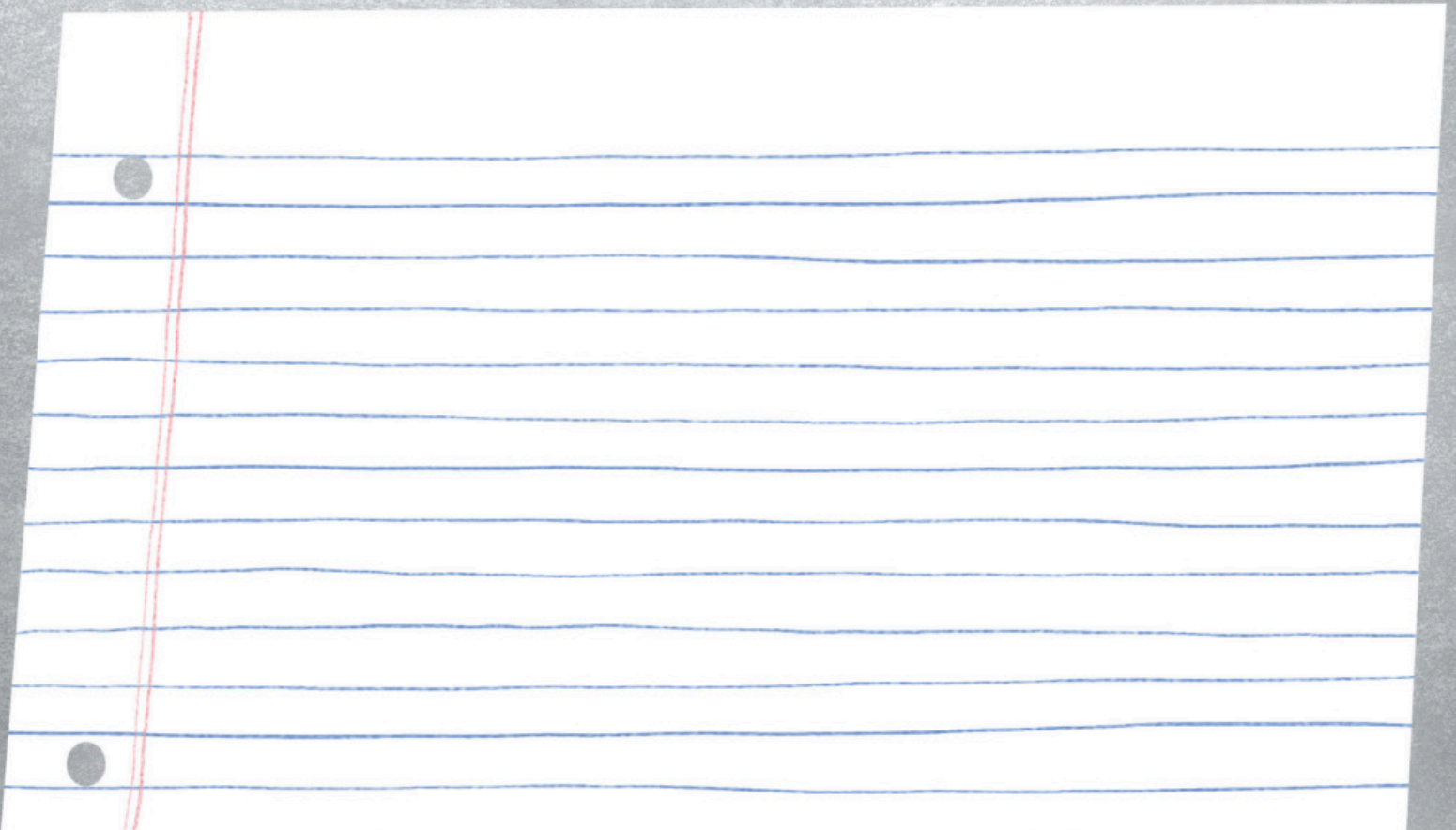
WRITE THIS:

A PICTURE IS WORTH A THOUSAND WORDS.

Draw a picture in the frame.

Describe the scene you created.

Find more paper and keep writing until you reach a thousand words...or more!



COOK
THIS:

HERB TISANE

BY KRISTEN
SOLECKI

IT'S EASY AS 1-2-TEA!

*TISANE IS A YUMMY HERBAL TEA MADE FROM
STEEPING HERBS, SPICES, OR PLANTS IN HOT WATER.*



1. GO OUTSIDE



2. FORAGE FRESH EDIBLE HERBS
AND PLANTS SUCH AS MINT,
LEMON VERBENA, ROSEMARY,
SAGE, CHOCOLATE MINT, AND
LEMON.



3. STEEP LEAVES AND PEEL IN HOT
WATER (ASK A GROWN UP FOR HELP)



4. POUR (STEEP TIME OF 3-5
MINUTES) & ENJOY!

KOKEDAMA

MAKE
THIS:



BY ALEXANDRA ROSE FRANCO
OF RITO-ITO, PLANTS+DESIGN

"KOKEDAMA" is the
Japanese word for
"moss ball."



Materials =

- TWINE
- FISHING LINE
- SCISSORS
- GLOVES
- WATER
- FERNS OR OTHER SHADE PLANTS
- BONSAI SOIL
- PEAT MOSS
- SHEET MOSS
- TUBS OR BOWLS FOR MIXING

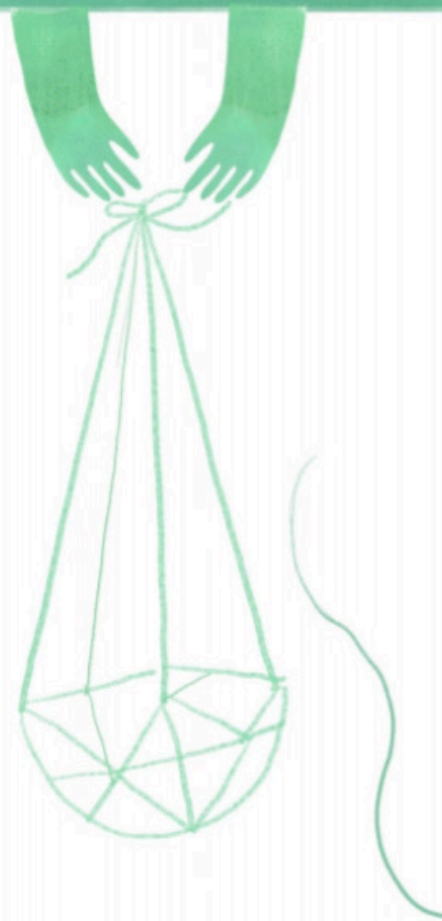


STEP 4

OVER THE BOWL OR TUB, COVER ONE HALF OF THE PLANT'S ROOTS WITH A LARGE HANDFUL OF THE WET SOIL MIXTURE. ADD ANOTHER HANDFUL TO COMPLETE A ROUND BALL OF SOIL AROUND THE ROOTS. PATCH ANY HOLES.

STEP 5

ENCLOSE THE SOIL IN A PIECE OF SHEET MOSS. IF NEEDED, USE MORE SHEET MOSS TO COVER COMPLETELY, LEAVING THE PLANT SPROUTING OUT FROM THE MIDDLE.



step 1

LAY OUT TARP OR NEWSPAPER, OR WORK OUTSIDE. THIS GETS MESSY!



IN A LARGE BOWL OR TUB, MIX 3 PARTS PEAT MOSS TO 2 PARTS BONSAI SOIL. SLOWLY ADD WATER AND MIX SOIL MIXTURE WITH YOUR HANDS. CONTINUE ADDING WATER UNTIL YOU CAN FORM A SMALL BALL OF THE MIXTURE WITHOUT IT
(LIKE MAKING A MEATBALL.)

step 2 →

STEP 3

REMOVE THE HOUSEPLANT FROM ITS CONTAINER AND GENTLY TAP THE SOIL OUT FROM ITS ROOTS.



STEP 6

WRAP A LONG PIECE OF TWINE AROUND THE MOSS, CRIS-CROSSING TO SECURE IT TIGHTLY.

STEP 7

TIE 2 PIECES OF FISHING LINE ON EACH SIDE OF THE MOSS BALL AND FIND A NEAT PLACE IN YOUR HOUSE TO HANG YOUR NEW KOKEDAMA. FERNS AND MOST HOUSE PLANTS DO BEST IN INDIRECT, PARTIALLY SHADED LIGHT.



Stand back and admire your Kokedama!

** Spray with water 1-2 times a week*

WRITE THIS: AUTHOR'S CORNER WITH AMY NOVESKY, OF: ME, FRIDA; CLOTH LULLABY; LOVE IS A TRUCK, & MORE

AMY SAYS:

SLOW DOWN. LOOK UP. LISTEN. SEE. BE IN THE WORLD. SMILE. BE KIND. BE PRESENT. JUST BE. LIFE IS SHORT. I KNOW IT DOESN'T FEEL THAT WAY NOW, BUT IT WILL, AND IT IS. WRITING TAKES TIME. IT'S NOT OFTEN EASY OR INSTANTANEOUS. JUST WRITE.

- * CARRY A BLANK BOOK WITH YOU WHEREVER YOU GO.
- * WRITE BY HAND. USE A GOOD PEN.
- * TAKE MENTAL SNAPSHOTS OF THE WORLD AND WRITE DOWN WHAT YOU SEE, HEAR, FEEL, FEAR, LOVE.
- * DON'T WORRY THAT IT'S NOT PERFECT OR COMPLETE, JUST WRITE. I WRITE IN FRAGMENTS AND MAKE LISTS.
- * FIND A QUIET SPACE TO THINK AND WRITE, E.G. YOUR BEDROOM, THE BUS, THE BEACH, A REDWOOD GROVE.
- * SEEK OUT THINGS THAT INSPIRE YOU: A GREAT MOVIE, YOUR FAVORITE SONGS, A GOOD BOOK.
- * KEEP A BOX OF THINGS THAT INSPIRE YOU: PICTURES, POEMS, POSTCARDS.

WRITE A LIST= What do you...

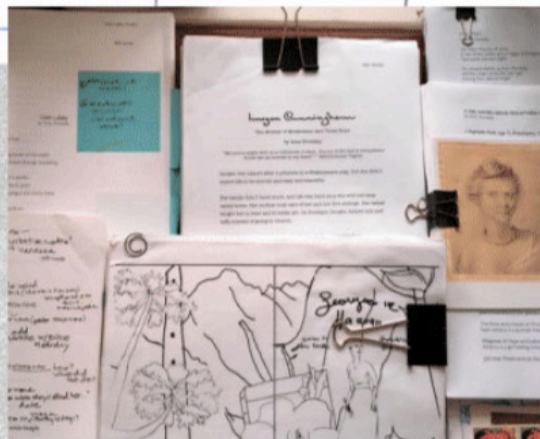
see

Hear

Feel

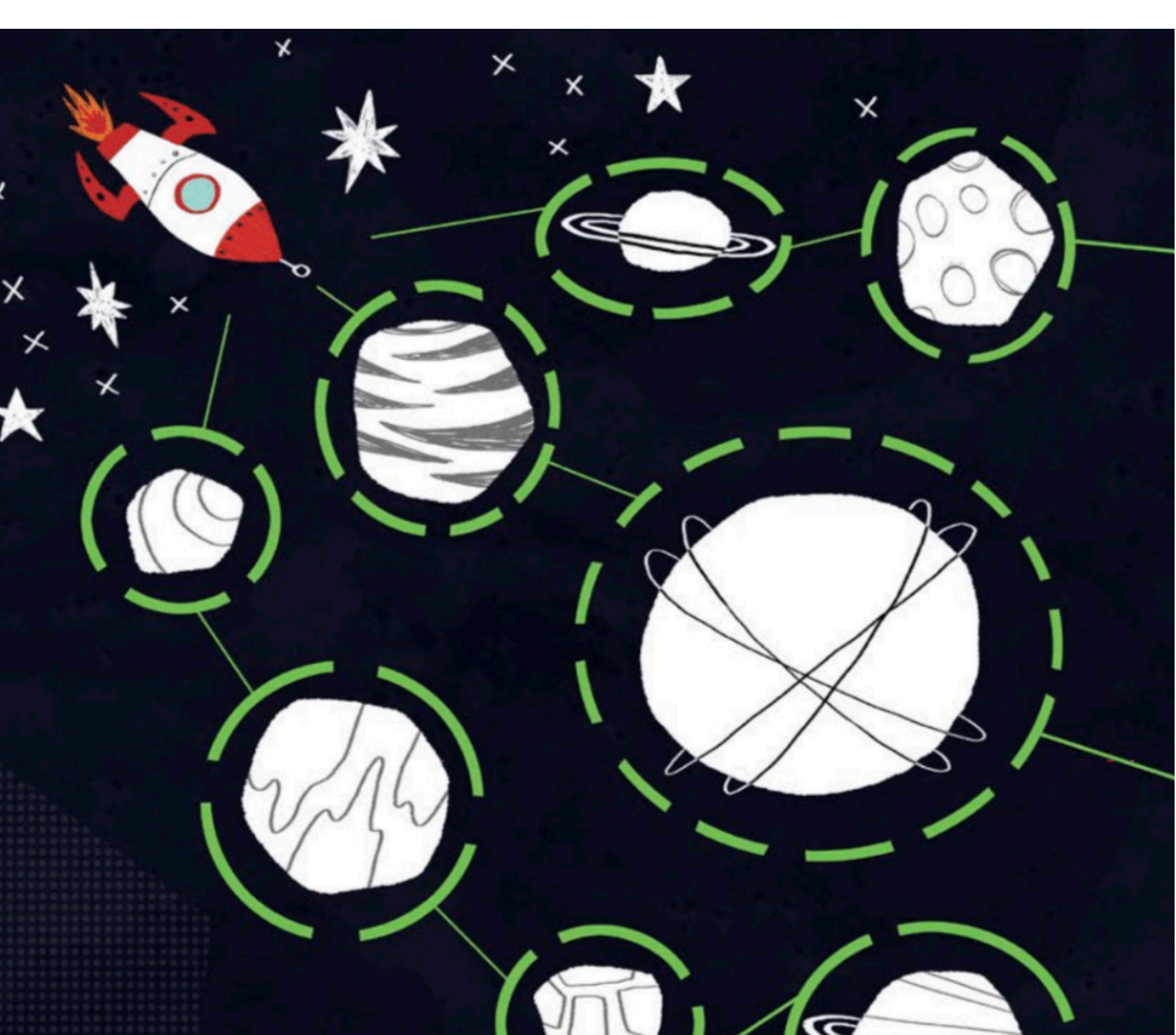
Love

Stacks of manuscripts on Amy's desk:





S. briff



ORBIT RACE

COLOR-IN

You're a spaceship trying to return home! Choose one of three pathways and follow the orbits back to Earth. Roll a die and travel that many spaces. When you reach a new planet, pick a direction to orbit around the planet and keep going. Remember, it takes less time to orbit around small planets than it does big ones. Which path is the quickest? Play with a friend and see who gets home first!

WHAT YOU NEED:

- 6-sided die
- Pennies (or other small trinkets) for player pieces!
- Crayons for coloring the planets



Artwork by Marlowe Dobbe

LEAF PRINTING



MATERIALS=

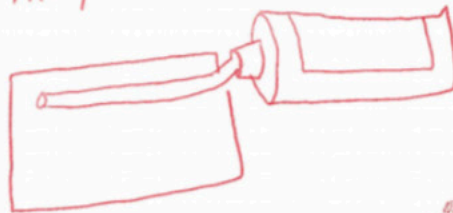
- LEAVES
- PAPER, SCISSORS, scrap PAPER
- WATER-BASED PRINTMAKING INK
- BRAYER + plexi glass plate (or raid the kitchen - try a cookie tray)
- (roller thing) OPTIONAL MESSAGE
cut out letters from scrap paper - must be short!
{ HI PAL BYE YES
YO! IOU LUV HEY



STEP 1 Gather a variety of leaves, pat dry with towel if they are wet

Squeeze a thin line of ink onto the plate & roll brayer back and forth until ink is evenly spread

STEP 2



THEN roll brayer across a leaf (roll once in just one direction)

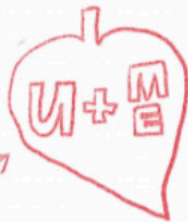


STEP 3

Place message onto the inked leaf, BACKWARDS
(Do one at a time and work quickly as the ink dries fast)

A print
always creates
a mirror
image

To
make
this
message

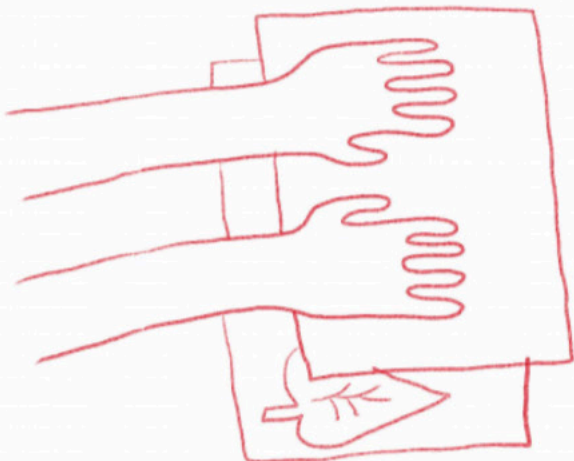


place like this →



STEP 4

Place inked leaf, face up, on a sheet of
scrap paper, and place the rice paper on top.
Rub gently, focusing on all the edges of the leaf
with your fingertips.



Then, peel away



MAIL
IT TO
SOME
ONE
SPECIAL



PLANT THIS: *one potato, two potatoes...*

art by Yuliya Gwilym

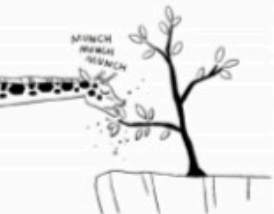
1. Choose small or big potatoes. These will be your “seed potatoes.”
2. Place in an egg box on a well-lit window sill, until eyes grow and leaves sprout.
3. Plant the sprouted potatoes in soil. Be sure to locate a very sunny spot outside.
4. As leaves grow, cover the plant with more soil. Water about once a week.
5. After several months, harvest your potatoes!



COOK THIS: *hot potato!*



1. Boil whole potatoes for about 3 minutes.
2. Dice your potatoes.
3. Fry 'em up in a bit of oil.
4. Serve with your favorite toppings.
5. Enjoy!



MAKE THIS PAPER MACHÉ SUCCULENT GARDEN

MATERIALS

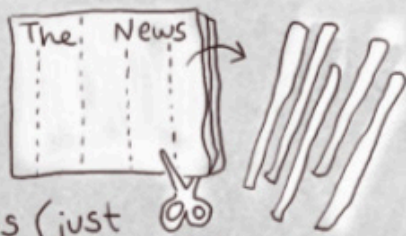


STEP 1 Mold the aluminum foil into plant-like shapes. Use the masking tape to hold your shapes together.



STEP 2

Cut your newspaper into 1-2 inch strips (just make sure it's an OLD paper or your parents might get mad!!!)



STEP 3 Dip a newspaper strip into the mod podge. Use two fingers to squeeze off the extra glue.



(you don't want your strips to be too wet, otherwise your shape will be too soggy to dry nice & strong)

STEP 4 Tightly wrap the newspaper strips around your aluminum shapes. The tighter you wrap the better!



STEP 5

Wrap your shape completely with newspaper 3 times

STEP 6



Lay out your wet, wrapped shapes on a piece of newspaper to dry overnight, or just blow-dry!

STEP 7



Once dry, paint your succulents & pots to your heart's content! You can also glue on bits of colorful paper for embellishments.

STEP 8



Put your plants in your pots with some newspaper as "dirt" to keep them in place. And voilà it's your own paper mache garden!

MAKE THIS: NATURAL DYES

What you need:

• jar or vessel • food and yard scraps • fabric scraps (natural fibers)

Scraps of wool, cotton, silk, or linen from old sewing projects or t-shirts work well. Be sure your fabric has not been synthetically dyed. Most food and yard scraps are safe to use, but be sure to have an adult check and approve materials before handling.

Create the dye: Place food/plant scraps in jar. Use one material per jar if you want to test colors.

Tip: Don't be afraid to rip, tear, or smash up the plant material first. This often helps the dye process.

Add fabric scraps to the jar. Fill the jar with warm or hot water. * Running water from the tap is just fine. Fill and seal the jar, shake things up a bit, and place in an area that gets direct sun exposure.

Tip: You can heat up water on a kettle but ask an adult for help and don't use water that is too hot or boiling, which can hurt the dye process.

Go about your business: Over the next few days, notice the liquid and fabric start to slowly shift colors. Shake and rotate the jars every so often. You can even open the jar and poke around a bit to move the fabric. Let the jars sit for as long as you want. After some days or weeks have passed, remove the fabric and dispose of the liquid. Now you have some beautiful, naturally dyed fabric scraps ready for your next project!

* WHEN MAKING DYES WITH THESE MATERIALS, START WITH HOT OR NEARLY BOILING WATER:
AVOCADO PITS, MOST WOOD SHAVINGS, REDWOOD CONES, PINE BARK

EACH PART OF THIS PROJECT—FROM THE MATERIALS TO THE TIME
IT TAKES—IS MEANT TO BE FOUND IN THE BITS AND PIECES OF EVERYDAY
LIFE

SCRAPS

BY MATT KATSAROS



ONION
SKINS



AVOCADO
PITS



MOST
WOOD SHAVINGS



REDWOOD
CONES



ROSEMARY



BLACK TEA
AND RUSTY
THINGS



FENNEL



BLACKBERRIES



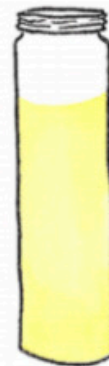
CARROT TOPS



PINE BARK

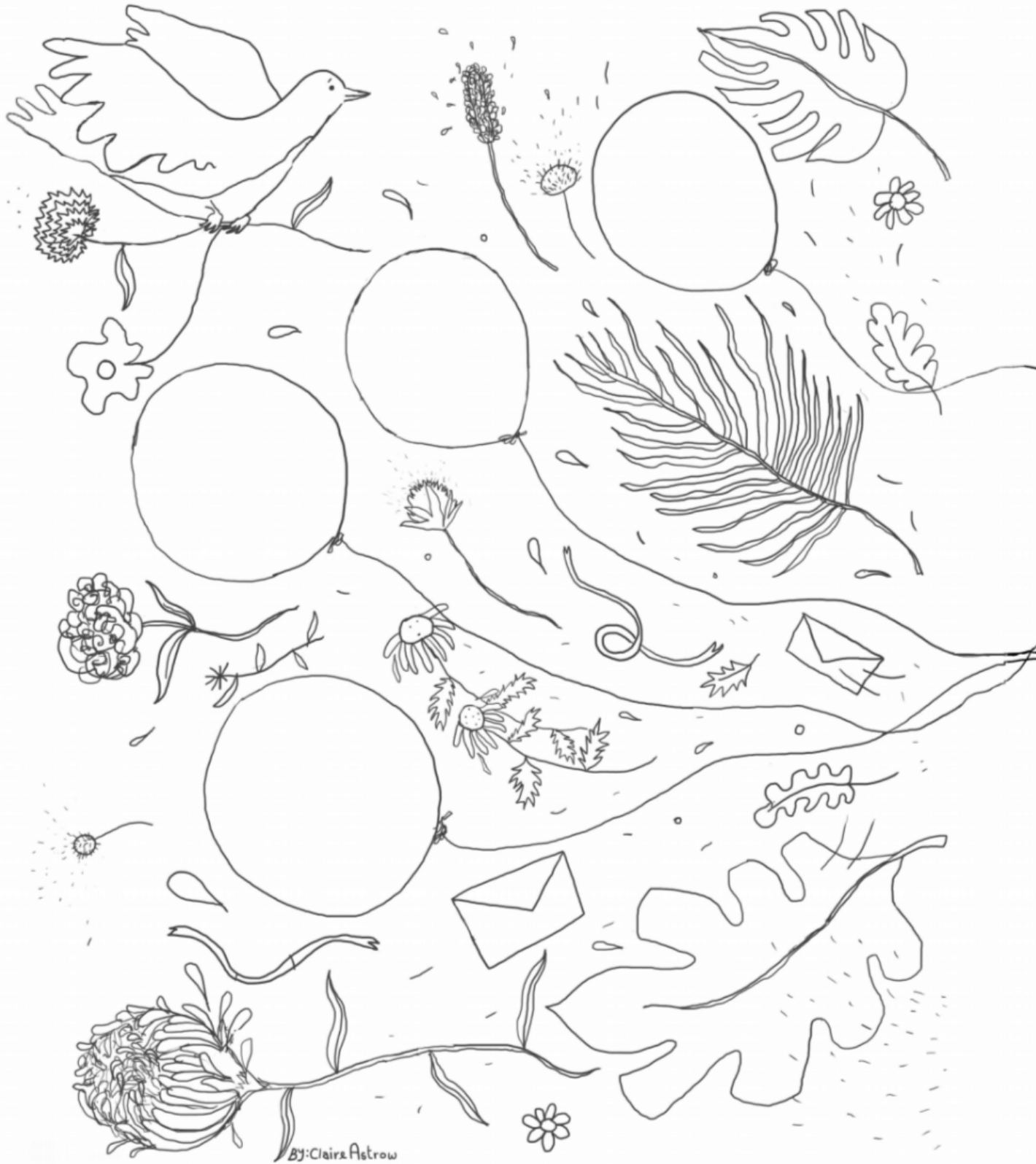


PURPLE
CABBAGE



OXALIS
(SOUR GRASS)

MATT KATSAROS IS AN ARTIST AND CRAFTSPERSON WORKING IN THE OUTER SUNSET OF SAN FRANCISCO. HE PRACTICES FIBER ARTS AND TEXTILES, THOUGH HIS LOVE OF SCRAPS ALSO LEADS HIM TO PRINTMAKING, DRAWING, WOOD, AND OTHER MEDIUMS.



BY: Claire Astrow

Coloring Page



LAVENDER-INFUSED LEMONADE

illustration by Paul du Coudray

The sugar/lemon balance can vary, based on your tastebuds and the type of lemons used. (Myer lemons are sweeter than regular lemons). Use English lavender or another edible herb for your infusion. If you pick from the garden, make sure your herbs are pesticide-free. Rosemary is a great substitute for lavender.

Small handful of freshly picked lavender flowers
or a tablespoon of dried lavender

1 cup white, granulated sugar

2 cups boiling water for the infusion

1 1/2 cups freshly squeezed lemon juice

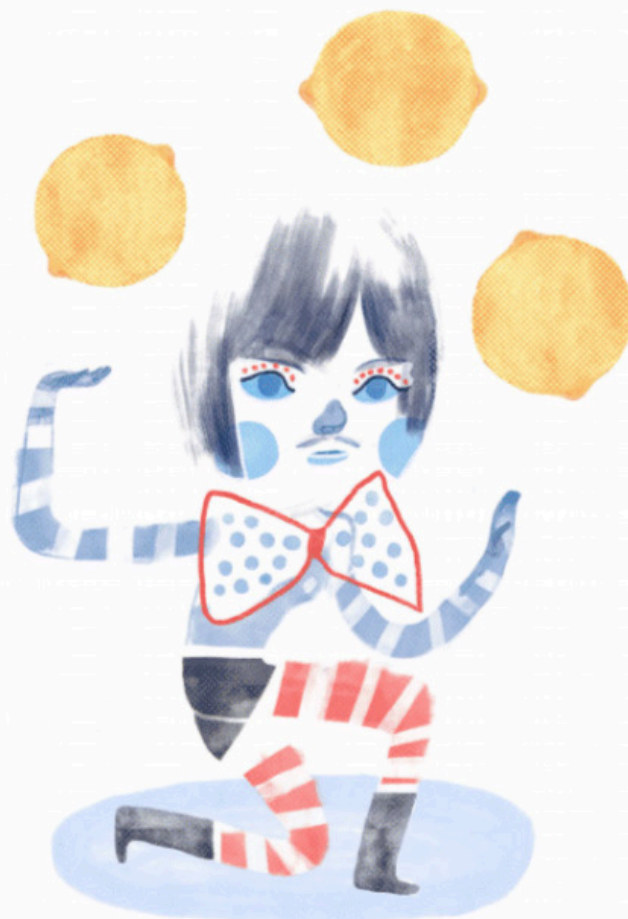
2 cups cold water + ice

Pour 2 cups boiling water over the lavender + sugar
and stir until sugar melts. Cover and infuse for 1 hour.

Strain the lavender-infused simple syrup. Set aside.

Mix lemon juice with two cups cold water. Add the
syrup. Adjust with more lemon or water to taste.

Add ice and enjoy!



WRITE THIS:

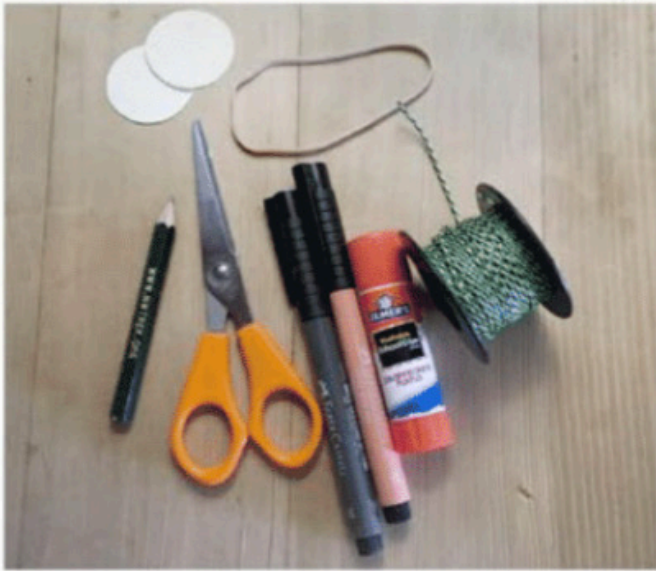
GROW A STORY

Stories begin as ideas, just as the largest redwoods come from tiny seeds. When an idea lands in your imagination, how do you nourish it so it sprouts and blooms? Do you water it with creativity juices? And what about the weeds? Use words and pictures to show how your story grows:

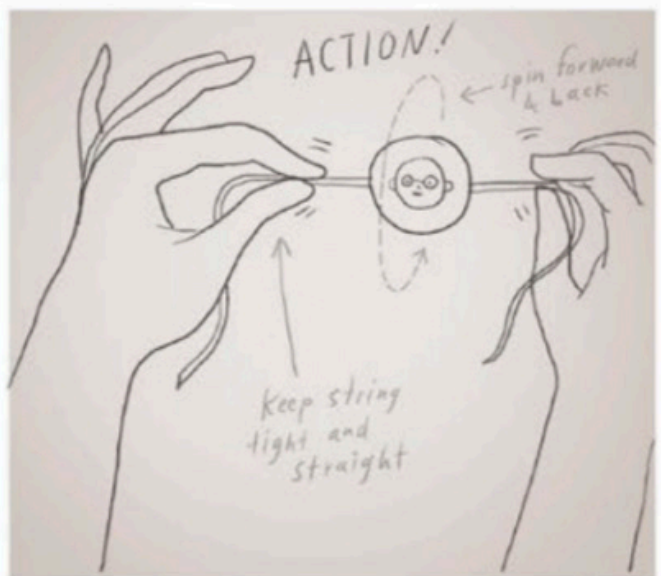
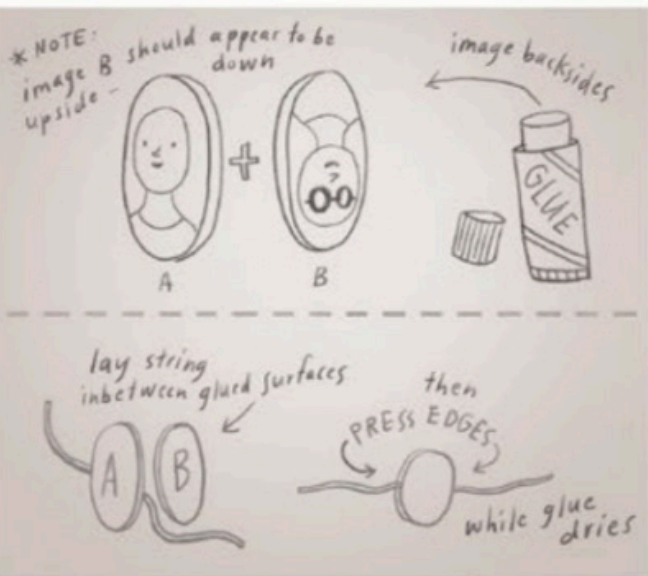
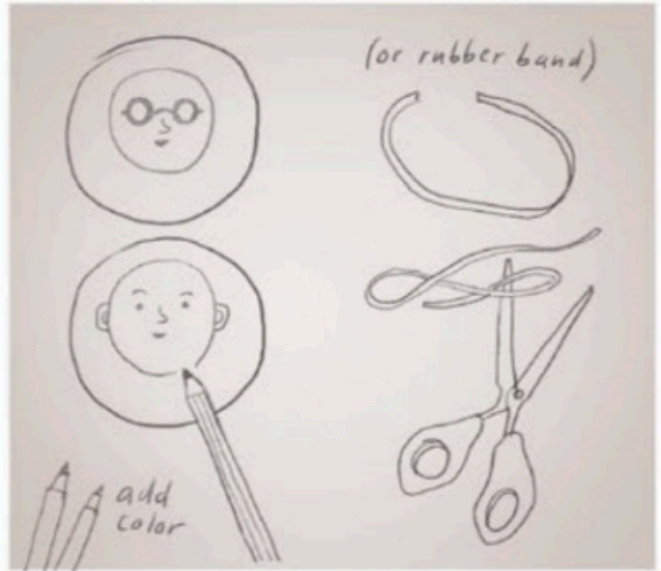
MAKE THIS

a victorian-era
"Thaumatrope"
simple animation toy

supplies → (string or rubber band)



← draw images cut string →



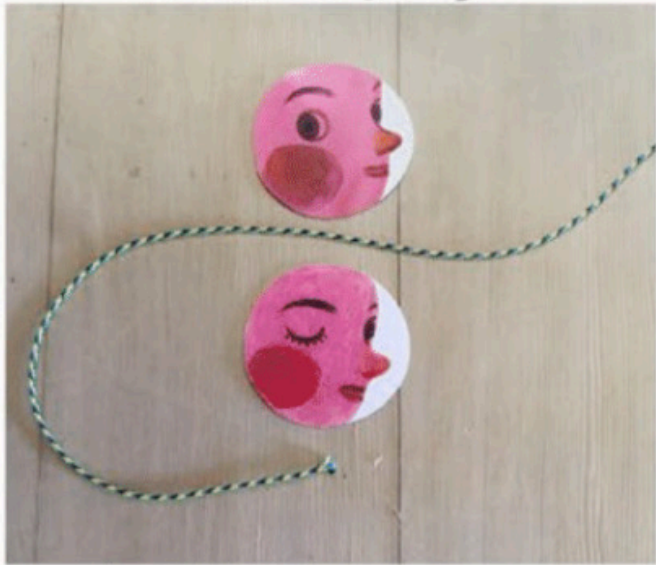
line up your images like this 5

when dry, you can pinch each end and rub your fingertips to quickly rotate

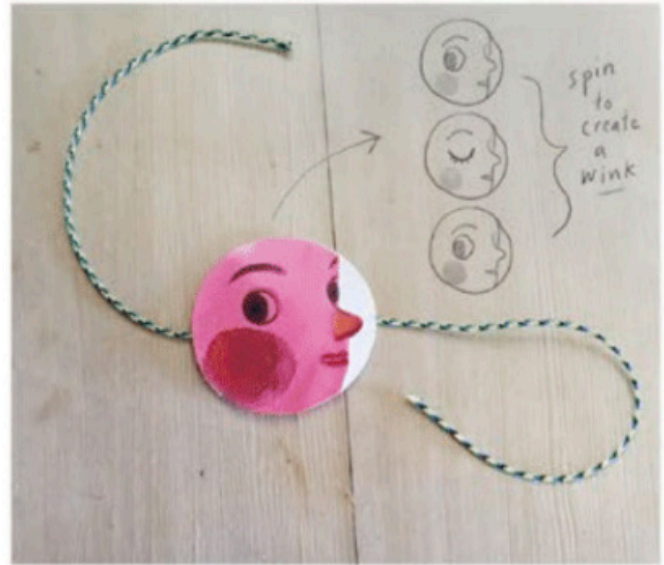
THE INVENTION OF THE THAUMATROPE, WHOSE NAME MEANS "TURNING MARVEL" OR "WONDER TURNER," WAS POPULARIZED BY A LONDON PHYSICIST, DR. JOHN A. PARIS. THAUMATROPEs WERE THE FIRST OF MANY 'OPTICAL TOYS' THAT PROVIDED ANIMATED ENTERTAINMENT UNTIL THE ADVENT OF CINEMA.

ALTHOUGH THE THAUMATROPE DOES NOT PRODUCE ANIMATED SCENES, IT RELIES ON THE PERSISTENCE OF VISION PRINCIPLE THAT OTHER OPTICAL TOYS USE TO CREATE ILLUSIONS OF MOTION. THIS REFERS TO THE EYE'S ABILITY TO RETAIN AN IMAGE FOR ROUGHLY 1/20 OF A SECOND AFTER AN OBJECT IS GONE. AS THE THAUMATROPE SPINS, THE SERIES OF QUICK FLASHES IS VIEWED AS ONE CONTINUOUS IMAGE.

← before gluing



← after!



other ideas →



+

+



these become  and  !

by e. haidle



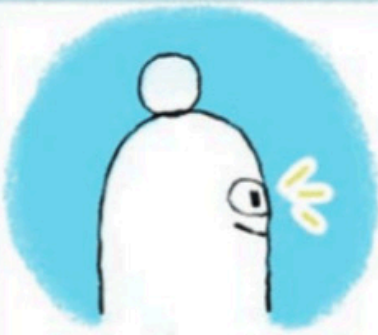
ILLUS





TORIA





(E)MOTIONS:

What Do Your Eyes Do, When They See Something New?

by lark piou



Do they grow
big and wide?



Do they form
stars inside?



Do they...

... see sparkles
all around?



... get narrow
and squish
down?



... grow sharp
like a cat's?



... or fill with
tears, perhaps?



Do they...

... trace each
and every
corner?



... peer and
scrutinize?



... turn small
and rosy?



... or spin,
mesmerized?



Do they...

... crinkle at
the corners?



... or go
'round like
saucers?



Do they...
... do a double
take?



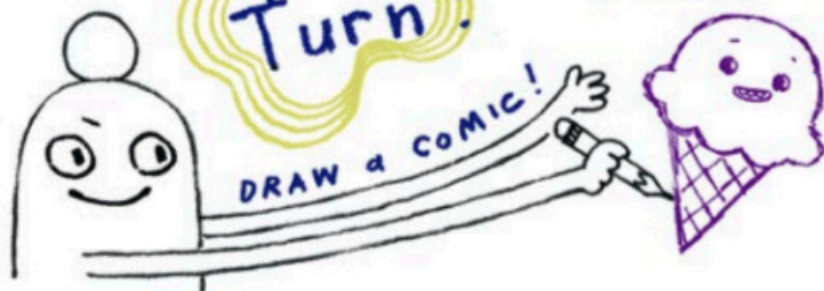
... or close for
an inner gaze?



Your Turn!

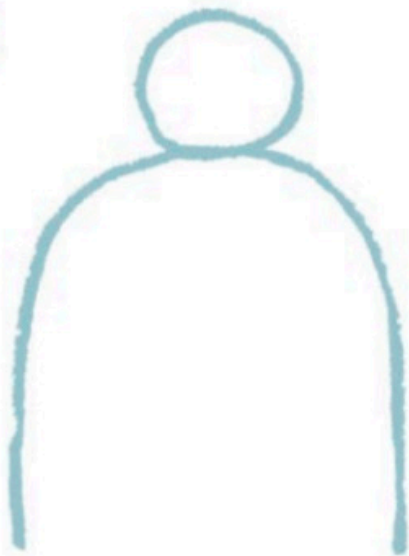
1. Draw something you saw yesterday.

2. Draw your reaction to what you saw.



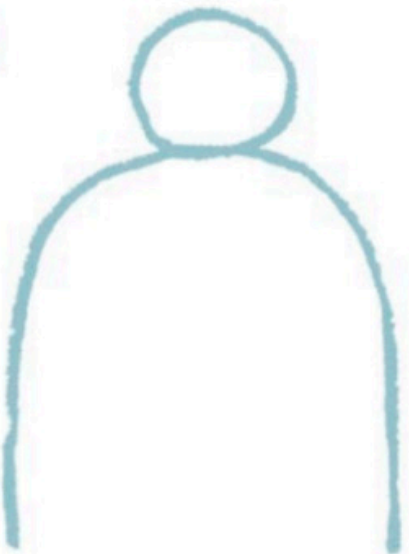
1.

2.



1.

2.



WE HOPE YOUR DAYS ARE FULL OF DREAMING, MAKING & CREATIVITY. WHETHER YOU ARE PLANTED INDOORS OR OUTSIDE EXPLORING, MAY YOU FIND PLENTY OF INSPIRATION TO LET YOUR IMAGINATION ROAM WILD & FREE.

THESE ACTIVITIES HAVE BEEN EXCERPTED FROM ILLUSTORIA MAGAZINE ISSUES 1-5, WITH CONTRIBUTIONS FROM BELOVED WRITERS, ARTISTS & STAFF.

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